

Council of Professional Geropsychology Training Programs

Recommended Resources Associated with The Pikes Peak Model Competencies

Most Recent Update: January 2014

Introduction to Pikes Peak Competency Resources

The following is a list of recommended readings and other resources associated with The Pikes Peak Model Competencies. We hope that practitioners who are interested in building or augmenting geropsychology competencies will find this resource list useful. We have tried to identify resources that are practitioner-friendly and fairly readily accessible. Links to websites and places to buy recommended books are included. Some of the recommended resources are tied to specific competencies. Other resources are broad overviews relevant to groups of competencies.

Our list of recommended resources is selective and not exhaustive. Recommendations reflect favored resources of individuals who contributed to this document. For some competencies, our colleagues would recommend other excellent resources. We plan to regularly add to this document with the goal of having at least one recommended resource for each specific Pikes Peak competency. Your interest is appreciated.

Acknowledgements

Special thanks to Joe Casciani, Brian Carpenter, Dolores Gallagher-Thompson, Greg Hinrichsen, Kimberly Hiroto, Michele Karel, Victor Molinari, Nancy Pachana, Sara Qualls, Jon Rose, Dan Segal, Susan Krauss Whitbourne, Janet Yang, Alexandra Zaleta, and Richard Zweig for providing recommended resources.

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Foundations of Intervention, Consultation and Other Service

Provision

SKILLS COMPETENCIES (Functional Competencies)

**Professional Geropsychology Functioning (Foundational
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Assessment

Intervention

Consultation/Training

Delivery of Services in Different Settings

Miscellaneous

ATTITUDES

ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>American Psychological Association (2003). <i>Ethical principles of psychologists and code of conduct.</i></p> <p>American Psychological Association. (2010a). Amendments to the 2002 "Ethical Principles of Psychologists and Code of Conduct." <i>American Psychologist</i>, 65(5), 493</p>	<p>A document published by APA outlining "aspirational goals to guide psychologists toward the highest ideals of psychology." These guidelines address multiple areas ranging from clinical psychological practice, to program evaluation, policy development, and organizational consulting.</p>	<p>http://www.apa.org/ethics/code2002.html</p> <p>http://www.apa.org/ethics/code2002.html</p> <p>doi: 10.1037/a00201682010</p>
<p>Hinrichsen, G.A. (2006). Why multicultural issues matter for practitioners working with older adults. <i>Professional Psychology: Research and Practice</i>, 37, 29-35.</p>	<p>From a practitioner's perspective, discusses multiple stigmas of ageist, racist, and other stereotypes and how therapeutic biases affect the optimal treatment for older adults from diverse backgrounds.</p>	<p>doi:10.1037/0735-7028.37.1.29</p>
<p>Qualls, S.H., Segal, D., Norman, S., Niederehe, G., &</p>	<p>The authors report on results of large survey of</p>	<p>doi:10.1037//0735-7028.33.5.435</p>

<p>Qualls, S.H., Segal, D., Norman, S., Niederehe, G., & Gallagher-Thompson, D. (2002). Psychologists in practice with older adults: Current patterns, sources of training, and need for continuing education. <i>Professional Psychology: Research and Practice, 33</i>, 435-442.</p>	<p>The authors report on results of large survey of psychologists regarding how much clinical care they provide to older adults, training in geropsychology, and perceived need for continuing education training in geropsychology. This is the best current snapshot of the provision of psychological services to older adults.</p>	<p>doi:10.1037//0735-7028.33.5.435</p>
<p>Williams, K., Kemper, S., & Hummert, M. L. (2004). Enhancing communication with older adults: Overcoming elderspeak. <i>Journal of Gerontological Nursing, 30</i>, 1-10.</p>	<p>“...This article describes a communication training program that significantly reduced the use of elderspeak by nursing assistants and led to more respectful, less controlling, and equally as caring communication between nursing assistants and nursing home residents. Strategies to use in evaluating and enhancing interpersonal</p>	<p>No DOI listed</p>

BOOKS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Genevay, B., & Katz, R.S., (1990). <i>Countertransference and older clients</i> . Newbury Park, CA: Sage.	Although this book has been around for a long time, it provides a nice overview of the complex emotional and personal reactions that clinicians can experience in working with older adults.	http://www.amazon.com/Countertransference-Older-Clients-Bonnie-Genevay/dp/0803938519/ref=sr_1_1?ie=UTF8&s=books&qid=1225222158&sr=1-1
Katz, R. & Johnson, T. (2006). <i>When professionals weep</i> . New York: Routledge.	This book discusses issues of transference and countertransference for professionals working with issues of bereavement and end-of-life care; particularly geared toward psychotherapists.	http://www.amazon.com/When-Professionals-Weep-Countertransference-Life/dp/0415950953#

KNOWLEDGE BASE

<u>General Knowledge about Adult Development, Aging and Older Adult Populations</u>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)

<p>Baltes, P. B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundation of developmental theory. <i>American Psychologist</i>, 52, 366-380</p>	<p>This article describes Baltes' developmental theory of healthy aging. Baltes proposes that when confronted with finite or dwindling resources, individuals adapt and compensate for losses experienced with age. Older adults augment their goals to fit with their functional abilities and remaining resources. By capitalizing on maintained strengths and resources, older adults optimize performance, compensate for losses, and increase a sense of self-efficacy.</p>	<p>doi:10.1037//0003-066X.52.4.366</p>
<p>Carstensen, L.L., Isaacowitz, D.M., & Charles, S.T. (1999). Taking time seriously. A theory of socioemotional selectivity theory. <i>American Psychologist</i>, 54 (3), 165-181.</p>	<p>This article describes how older adults' sense of time-remaining tends to influence their focus on social relationships that support the goal of emotional fulfillment. The goal of acquiring knowledge through social networks, as pursued by young adults, becomes less salient with increasing age and results in a smaller but more meaningful constellation of social ties among older adults.</p>	<p>doi:10.1037//0003-066X.54.3.165</p>
<p>He, W., Sengupta, M., Velkoff, V. A., & DeBarros, K. A. (2005). <i>65+ in the United</i></p>	<p>Detailed report on population growth patterns for older adults, as well as implications for society and</p>	<p>http://www.census.gov/prod/2006pubs/p23-209.pdf</p>

<i>States: 2005 (Current Population Report P23-209). Washington, DC: U.S. Census Bureau.</i>	families.	
Labouvie-Vief, G., Diehl, M., Jain, E., & Zhang, F. (2007). Six-year changes in affect optimization and affect complexity in adulthood: A further examination. <i>Psychology and Aging</i>.22, 738-751.	This study examines affective development across middle-aged and older adults. Results suggest that “affect optimization and affect complexity serve different functions, are based on somewhat different mechanisms, and show different courses of development.”.	doi:10.1037//0882-7974.17.4.571
General Knowledge about Adult Development, Aging and Older Adult Populations, cont’d.		
BOOKS		
TITLE	DESCRIPTION	
American Psychological Association (in press, 2014). American Psychologist. Guidelines for psychological practice with older adults. Washington, DC: APA	These are the most recent revision of APA endorsed guidelines on recommended practice with older adults. The guidelines substantively informed the development of the Pikes Peak competencies.	http://www.apa.org/practice/guidelines/older-adults.aspx
APA Committee on Aging (2008). <i>Life Plan for the Life Span for Psychologists</i>.	Concise resource for planning ahead for aging-related issues pertaining to health and health care, legal and financial matters, work life and retirement,	http://www.apa.org/pi/aging/lifespan-2008.pdf

	psychological issues, and social roles.	
Baltes, P. B. & Mayer, K. U. (1999). <i>The Berlin aging study, aging from 70 to 100</i>. Cambridge: Cambridge University Press.	This book examines a “random sample of more than 500 senior residents of the former West Berlin...Topics investigated include intellectual abilities, self and personality, social relationships, physical health, medical treatment and care, mental disorders..., socioeconomic conditions, everyday competence, subjective well-being, and gender differences.”	http://www.amazon.com/Berlin-Aging-Study-70-100/dp/0521000033/ref=sr_1_1?s=books&ie=UTF8&qid=1296534676&sr=1-1
Bengtson, V. L. Gans, D., Putney, N., & Silverstein, M. (Eds.). (2008). <i>Handbook of theories of aging</i> (2nd Ed.). NY: Springer.	This handbook discusses how the various approaches to aging theory can be integrated to create a unified theoretical aging discourse. Chapters include Dynamic Integration Theory: Emotion, Cognition, and Equilibrium in Later Life; Cognitive Control Theory of Aging and Emotional Well-Being; Theorizing Feminist Gerontology, Sexuality and Beyond; From Industrialism to Institutionalism: Theoretical Accounts of Aging	http://www.amazon.com/Berlin-Aging-Study-70-100/dp/0521000033/ref=sr_1_1?s=books&ie=UTF8&qid=1296534676&sr=1-1
Binstock, R. E., & George, L. K. (Eds.). (2006). <i>Handbook of aging and the social</i>	These handbooks, updated every few years, provide overviews of the latest scientific research in	http://www.amazon.com/Handbook-Aging-Social-Sciences-Sixth/dp/0120883880/ref=sr_1_1?ie=UTF8&s=books&qid=124473508

sciences (6th ed.) Burlington MA: Elsevier Academic Press.	psychological and social aspects of aging.	5&sr=1-1
General Knowledge about Adult Development, Aging and Older Adult Populations, cont'd.		
BOOKS		
TITLE	DESCRIPTION	
Hooyman, N. & Kiyak, H.A. (2010). Social gerontology (9th ed.) Upper Saddle River, NJ: Prentice Hall.	This textbook provides an accessible overview of major theories of aging.	http://www.amazon.com/Social-Gerontology-Multidisciplinary-Perspective-9th/dp/0205763138
Whitbourne, S.K. & Sliwinski, M.J. (Eds.). (2012). Wiley-Blackwell Handbook of Adulthood and Aging. New York: Wiley-Blackwell.	This book adopts a biopsychosocial perspective, covering the biological, psychological and social changes that occur in adulthood.	http://www.wiley.com/WileyCDA/WileyTitle/productCd-1444331477_descCd-description.html
BOOK CHAPTERS		
TITLE	DESCRIPTION	
Feliciano, L., Yochim, B., Steers, M. E., Jay, A. A., & Segal, D. L. (2011). Research with older adults. In J. C. Thomas, & M. Hersen (Eds.), Understanding research in clinical and counseling psychology (2nd ed., pp. 453-480). New York: Taylor and Francis.	This chapter discusses underlying conceptual issues related to conducting research with older adults, as well as current approaches to research design. It is part of a larger book tailored towards graduate student readers.	http://www.amazon.com/Understanding-Research-Clinical-Counseling-Psychology/dp/0415992214/ref=dp_ob_title_bk

WEBSITES		
TITLE	DESCRIPTION	
Centers for Disease Control and Prevention (2009). Healthy aging.	Comprehensive web-based resource on age-related issues ranging from epidemiologic information to reports on special topics such as caregiving and end-of-life issues. Information on this website is continually updated.	http://www.cdc.gov/aging/ http://www.cdc.gov/nchs/nchs_for_you/older_americans.htm
Curriculum in Ethnogeriatrics, 2nd Edition.	Online training modules providing a basic curriculum in ethnogeriatrics. Module topics include culturally competent care of ethnic elders, health risks, culturally competent geriatric assessment, and delivery of geriatric health care.	http://www.stanford.edu/group/ethnoger/
<u>General Knowledge about Adult Development, Aging and Older Adult Populations, cont'd.</u>		
WEBSITES		
TITLE	DESCRIPTION	
Family Caregiver Briefcase	“This Briefcase provides psychologists at all levels of training and experience with information about: How caregiving affects all of us; Facts about family caregiving; Common caregiving problems; How	http://www.apa.org/pi/about/publications/caregivers/index.aspx

	<p>to identify and reach caregivers; Roles psychologists have in working with family caregivers; Assessment tools and effective interventions; Conducting caregiver research; Educating and teaching about caregiving; Advocating for family caregivers; Resources for diverse populations and age groups.”</p>	
<p>Federal Interagency Forum on Aging-Related Statistics. (2012). <i>Older Americans 2012: Key Indicators of Well-Being.</i></p>	<p>An excellent overview of clinically-relevant demographic information on older adults</p>	<p>http://www.agingstats.gov/Main_Site/Data/2012_Documents/docs/EntireChartbook.pdf</p>
<p>Multicultural Competencies in Geropsychology. A report of the APA Committee on Aging and its Working Group on Multicultural Competency in Geropsychology (2009)</p>	<p>“The purpose of this report is to: explore the key issues regarding the infusion of multicultural competence throughout geropsychology; make recommendations for future action addressing practice, research, education and training, and public policy issues; and inform psychologists of existing resources to improve their own multicultural competence in working with older adults.”</p>	<p>http://www.apa.org/pi/aging/programs/pipeline/multicultural-competency.pdf</p>
<p>Stanford Geriatric Education Center web-</p>	<p>This is a wonderful on-line resource full of helpful,</p>	<p>http://sgec.stanford.edu/</p>

based Ethnogeriatrics Curriculum.	clinically-relevant information about ethnicity and aging.	
U.S. Census Bureau (2011). Statistical Abstract.	Extensive data on population statistics, marital status, families, housing, income, and occupation. Information can be easily downloaded into spreadsheets or text; website is continually updated with new information as it becomes available. An excellent resource for finding quick facts about the aging population.	http://www.census.gov/compendia/statab/cats/population.html
<u>General Knowledge about Adult Development, Aging and Older Adult Populations, cont'd.</u>		
WEBSITES		
TITLE	DESCRIPTION	
U.S. Department of Health and Human Services (2009). Data and statistics.	Index with many web links to other sources, including the National Center for Health Statistics (overlaps somewhat with the CDC Healthy Aging website), as well as links to information on major diseases and conditions affecting older adults, other government agencies including the National Institute on Aging, the Administration on	http://www.hhs.gov/aging/index.shtml#data

	Aging, Social Security, Medicare and Medicaid, and institutional facilities. Updated regularly.	
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<u>Foundations of Clinical Practice with Older Adults</u>		
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ARTICLES		
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TITLE	DESCRIPTION	LINK (IF APPLICABLE)
American Psychological Association, Presidential Task Force on Integrated Health Care for an Aging Population. (2008). <i>Blueprint for change: Achieving integrated health care for an aging population.</i> Washington, DC: American Psychological Association.	"This report outlines the challenges to providing integrated health care as well as some proposed solutions. The report also reviews both theoretical and practical issues. It ends with an appendix of additional resources and how to access them." Available for download from linked website.	http://www.apa.org/pi/aging/resources/guides/exec-summary.aspx
APA Working Group on Assisted Suicide and End-of-Life Decisions. (2000). Report to the Board of Directors of the American Psychological	This report addresses end-of-life decision-making, current and future roles of psychology, and discusses whether APA should take a position about end-of-life issues and assisted suicide.	http://www.apa.org/pubs/info/reports/aseol.aspx

<p>Association from the Working Group on Assisted Suicide and End-of-Life Decisions. May 1, 2000</p>		
<p><u>Foundations of Clinical Practice with Older Adults, cont'd.</u></p>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>Bogner, H. R., de Vries, H. F., Maulik, P. K., & Unutzer, J. (2009). Mental health services use: Baltimore Epidemiologic Catchment Area Follow-Up. <i>The American Journal of Geriatric Psychiatry</i>, 17, 706-715.</p>	<p>This study examines examine "the patterns of previous and current mental health services use among older adults in the Baltimore Epidemiologic Catchment Area Follow-Up...Design: A population-based longitudinal survey. Setting: Continuing participants in a study of community-dwelling adults who were living in East Baltimore in 1981."</p>	<p>doi:10.1097/JGP.0b013e3181aad5c5</p>
<p>Bray, J. H. (2010). The future of psychology practice and science. <i>American Psychologist</i>, 65, 355-369.</p>	<p>This article reviews the 2009 APA President's initiatives and recommendations for the future of psychology practice and science.</p>	<p>doi:10.1037/a0020273</p>
<p>Gum, A. M., King-Kallimanis, B., & Kohn, R. (2009). Prevalence of mood, anxiety, and substance-abuse disorders for older Americans in the</p>	<p>"This study documents the continued pattern of lower rates of formal diagnoses for elders...[which] likely underestimate the burden of late-life psychiatric disorders, given the potential for</p>	<p>doi:10.1097/JGP.0b013e3181ad4f5a</p>

<p>National Comorbidity Survey—Replication. <i>American Journal of Geriatric Psychiatry</i>, 17, 769–781.</p>	<p>underdiagnosis, clinical significance of subthreshold symptoms, and lack of representation from high-risk older adults..."</p>	
<p>Karel, M. J., Emery, E. E., Molinari, V., CoPGTP Task Force on the Assessment of Geropsychology Competencies. (2010). Development of a tool to evaluate geropsychology knowledge and skill competencies. <i>International Psychogeriatrics</i>, 22(6), 886-896.</p>	<p>Describes the process of developing the Pikes Peak professional geropsychology competencies evaluation tool to help individuals define training needs for and evaluate progress in development of the</p>	<p>doi:10.1017/S1041610209991736</p>
<p>Karel, M. J., Knight, B. G., Duffy, M., Hinrichsen, G. A., Zeiss, A. M. (2010). Attitude, knowledge, and skill competencies for practice in professional geropsychology: Implications for training and building a geropsychology workforce. <i>Training and Education in Professional Psychology</i>, 4(2), 75-84.</p>	<p>This article describes the Pikes Peak geropsychology competencies through a case example. Included is a review of the attitudes, knowledge, and skills needed along with relevant resources.</p>	<p>doi:10.1037/a0018372</p>
<p>Foundations of Clinical</p>		

<u>Practice with Older Adults, cont'd.</u>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Karlin, B. E., Duffy, M., & Gleavs, D. H. (2008). Patterns and predictors of mental health service use and mental illness among older and younger adults in the United States. <i>Psychological Services, 5</i>, 275- 294.	This article evaluates patterns of serious mental illness and service use among younger and older adults in the US. It also considers factors that predict serious mental illness and the use of mental health treatment.	doi:10.1037/1541-1559.5.3.275
Knight, B. G., Karel, M. J., Hinrichsen, G. A., Qualls, S. H., & Duffy, M. (2009). Pikes Peak model for training in professional geropsychology. <i>American Psychologist, 64</i>(3), 205-214.	This article describes the Pikes Peak model for training in geropsychology and discusses the need for training in order to competently provide services to aging populations.	doi:10.1037/a0015059
Laidlaw, K. & Pachana, N.A. (2009) Aging, mental health, and demographic change. <i>Professional Psychology: Research and Practice, 40</i>(6), 601-608.	This article discusses the importance of "awareness, understanding, and appreciation of gerontology to deliver optimally effective psychotherapy" for older adults, with emphasis devoted to a cognitive-behavioral perspective.	doi:10.1037/a0017215
Mental Health America. (2010). <i>The new health care reform law: A summary of provisions of interest</i>	A brief summary of the Patient Protection and Affordable Care Act, which "is expected to expand health care coverage to an additional 32 million citizens	http://www.mentalhealthamerica.net

<p><i>to mental health advocates. Available from www.mentalhealthamerica.net</i></p>	<p>and legal immigrants by 2019 through a combination of state-based private insurance exchanges and a Medicaid expansion. In addition, the new law includes a number of reforms to curb harmful insurance company practices as well as provisions to slow the growth of health care costs and improve quality of care."</p>	
<p>Substance Abuse and Mental Health Services Administration, Office of Applied Studies. (2008). <i>The NSDUH report: Serious psychological distress among adults aged 50 or older: 2005 and 2006.</i> http://oas.samhsa.gov/2k8/SPDolder/SPDolderadults.pdf</p>	<p>Summarizes results about serious psychological distress in adults ages 50+ as reported through the National Survey on Drug Use and Health.</p>	<p>http://oas.samhsa.gov/2k8/SPDolder/SPDolderadults.pdf</p>
<p><u>Foundations of Clinical Practice with Older Adults, cont'd.</u></p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	<p>LINK (IF APPLICABLE)</p>
<p>Falvo, D.R.. (2008) Medical and psychosocial aspects of chronic illness and disability. Gaithersburg, MD:</p>	<p>Covers medical aspects of conditions commonly encountered by rehabilitation and other health professionals. Discusses symptoms,</p>	<p>http://www.amazon.com/Medical-Psychosocial-Aspects-Chronic-Disability/dp/0763744611/ref=sr_1_1?ie=UTF8&s=books&qid=1247325107&sr=1-1</p>

<p>Aspen.</p>	<p>diagnoses, treatments, and prognoses. Includes chapters on Conceptualizing Chronic Illness and Disability; Intellectual Disability; Financing Rehabilitation; Psychiatric Disability, Substance Use, Adaptive Devices, Managed Care & Disability.</p>	
<p>Frazer, D.W., Hinrichsen, G.A. & Jongsma, A.E. (2011). The older adult psychotherapy planner, 2nd Ed. New York: Wiley.</p>	<p>This user-friendly planner provides lists of intervention options for various diagnostic categories. These practical interventions are aligned with diagnoses and treatment goals, allowing providers to effectively and efficiently tailor treatment plans to meet the needs of their clients.</p>	<p>http://www.amazon.com/Older-Psychotherapy-Treatment-Planner-PracticePlanners/dp/0470551178/ref=sr_1_1?ie=UTF8&s=books&qid=1294679769&sr=1-1</p>
<p>Laidlaw, K., Thompson, L. W., Dick-Siskin, L., & Gallagher-Thompson, D. (2003). Cognitive Behaviour Therapy with Older People. Chichester, West Sussex, England: John Wiley & Sons. (2nd ed. expected in 2012)</p>	<p>This book tailors CBT for older adults and addresses treatment of depression, anxiety, caregiver distress, and sleep disturbances. Treatment recommendations also address frequent comorbid medical and neurological conditions. Appendices include sample forms and recommended resources for additional help.</p>	<p>http://www.amazon.com/Cognitive-Behaviour-Therapy-Older-People/dp/0471487112/ref=sr_1_2?s=books&ie=UTF8&qid=1296852331&sr=1-2</p>
<p>Loboprabhu, S., Molinari, V., & Lomax, J. (Eds.) (2006). Supporting the caregiver in</p>	<p>This edited book summarizes the individual and interpersonal aspects of caregiving with sections on interventions and public</p>	<p>http://www.amazon.com/Supporting-Caregiver-Dementia-Health-Professionals/dp/0801883431/ref=sr_1_1?ie=UTF8&s=books&qid=1296247340&sr=1-1</p>

dementia: A guide for health care providers. Washington DC: Johns Hopkins Press.	health issues.	
Hyer, L. (2013). Psychological treatment of older adults: A holistic approach, New York: Springer.	An overview and synthesis of research on assessment and treatment of psychological issues in older adults.	http://www.springerpub.com/product/9780826195913#.UqC1688o7cs
<u>Foundations of Clinical Practice with Older Adults, cont'd.</u>		
BOOKS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Molinari, V. (Ed.) (2010). Specialty competencies in geropsychology. New York: Oxford University Press.	Includes chapters on conceptual and scientific foundations of psychology, assessment, case formulation, interventions, consultation, and ethics. Chapters include the latest in evidence-based practice and material is yoked to the Pikes Peak competencies.	http://www.amazon.com/Specialty-Competencies-Geropsychology-Professional-Psychology/dp/0195385675/ref=sr_1_1?ie=UTF8&s=books&qid=1296247425&sr=1-1
Pachana, N. A., Laidlaw, K., & Knight, B. G. (Eds.). (2010). Casebook of clinical geropsychology: International perspectives on practice. New York: Oxford University Press.	“This clinical casebook describes current best practice in managing complex cases involving common mental health issues in later life....The book spans the international arena of practice, illustrating both universal themes in clinical work as well as regional practice issues that can inform health professionals more broadly.”	http://www.amazon.com/Casebook-clinical-geropsychology-International-Perspectives/dp/0199583552/ref=sr_1_1?s=books&ie=UTF8&qid=1323892013&sr=1-1

<p>Rosowsky, E., Casciani, J. M., & Arnold, M. (2009). Geropsychology and long term care: A practitioner's guide. New York, NY US: Springer Science + Business Media.</p>	<p>This book provides practical information for both seasoned and less experienced providers working in or looking to work in long-term care environments. Topics include policies/reimbursement issues, assessment, interdisciplinary team functioning, treatment planning, and ethical issues in LTC settings.</p>	<p>http://www.amazon.com/Geropsychology-Long-Term-Care-Practitioners/dp/1441924833/ref=sr_1_1?s=books&ie=UTF8&qid=1323892145&sr=1-1</p>
<p>Schaie, K. W. & Willis, S. L. (2010). Handbook of the Psychology of Aging (7th edition). New York: Academic Press.</p>	<p>Chapters are organized into four sections: Part I Concepts, Theory and Methods in the Psychology of Aging; Part II Neuroscience, Cognition and Aging; Part III Social and Health Factors that Impact Aging; and Part IV Complex Behavioral Processes and Psychopathology of Aging.</p>	<p>http://www.amazon.com/Handbook-Psychology-Aging-Seventh-Handbooks/dp/0123808820/ref=sr_1_2?s=books&ie=UTF8&qid=1296246823&sr=1-2</p>
<p><u>Foundations of Clinical Practice with Older Adults, cont'd.</u></p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	<p>LINK (IF APPLICABLE)</p>
<p>Segal, D. L., Qualls, S. H., & Smyer, M. A. (2011). Aging and mental health (2nd Ed.). Malden, MA: Wiley-Blackwell.</p>	<p>Offers a comprehensive review of models of mental health and their implications for treatment of older adults. Includes discussion of the development and implementation of evidence-based treatment protocols; the increasing prevalence of</p>	<p>http://www.amazon.com/Aging-Mental-Health-Understanding/dp/140513075X/ref=sr_1_1?s=books&ie=UTF8&qid=1296247520&sr=1-1</p>

	<p>cognitive impairment and an appreciation of its implications for a variety of functional behaviors; and a changing understanding of long-term care away from a focus on institutional care and toward a broader spectrum of services.</p>	
<p>Whitbourne, S.K. & Whitbourne, S.B. (2011). Adult development and aging: Biopsychosocial perspectives (4th Ed). Hoboken NJ: Wiley</p>	<p>The 4th edition “focuses on three themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The <i>Aging in the News</i> feature includes a story of a remarkable achievement by a middle-aged or older adult. The <i>Assess Yourself</i> boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life.”</p>	<p>http://www.amazon.com/gp/product/0470646977/ref=pd_lpo_k2_dp_sr_2?pf_rd_p=486539851&pf_rd_s=lpo-top-stripe-1&pf_rd_t=201&pf_rd_i=047145821X&pf_rd_m=ATVPDKIKX0DER&pf_rd_r=0SRSMS3S7YJBJ3QAKE8Q</p>
<p>Yeo, G. & Gallagher-Thompson, D. (Eds) (2006). Ethnicity and the Dementias (2nd ed.). NY: Routledge.</p>	<p>This second edition “features contributions from leading clinicians and researchers on the epidemiology of dementias by ethnic population, new information on the assessment of diverse</p>	<p>http://www.amazon.com/Ethnicity-Dementias-Gwen-Yeo/dp/0415954053#</p>

	populations, and updates and inclusions of new populations in the management of dementia and working with families. The book is ideal for practitioners, researchers, and policy makers in search of the most current ethnogeriatric findings.”	
<u>Foundations of Clinical Practice with Older Adults, cont’d.</u>		
WEBSITES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Adult Development and Aging (APA Division 20)	Online resource for information related to aging and lifespan development. Resources pertain to clinicians, educators, and students along with relevant links to other websites.	http://apadiv20.phhp.ufl.edu/
American Psychological Association (1997). What practitioners should know about working with older adults. Washington, DC: Author.	This booklet was created by an APA Presidential Task Force on Older adults and provides an overview of older adults, mental disorders commonly seen among those seeking mental health services, assessment, intervention, and issues in the treatment of minority older people.	http://www.apa.org/pi/aging/resources/guides/practitioners-should-know.aspx
End-of-Life Issues	This online resource	http://www.apa.org/topics/death/

<p>and Care (APA Psychology Topics on Death & Dying)</p>	<p>provides information about psychology's role within EOL care, ranging from the clinical to the public policy arena. This resource also provides a glossary of terms and additional (annotated) references for providers and researchers.</p>	<p>end-of-life.aspx</p>
<p>Psychologists in Long-Term Care, Inc. (PLTC)</p>	<p>Online resource for information related to providing services to persons in LTC environments (e.g., skilled nursing; rehabilitation centers; assisted living communities).</p>	<p>http://www.pltcweb.org/index.php</p>
<p>Society of Clinical Geropsychology (APA Division 12, Section II)</p>	<p>Online information about clinical geropsychology. Resources include online newsletter, practice guidelines, and information about upcoming conferences.</p>	<p>http://www.geropsychology.org/</p>
<p>Substance Abuse and Mental Health Services Administration (SAMHSA): Office of Applied Studies (OAS) - Older adults: Substance Abuse and Mental Problems</p>	<p>Online resource to multiple lines of information about the aging population and substance abuse and mental health treatment.</p>	<p>http://www.oas.samhsa.gov/aging.cfm</p>

<p><u>Foundations of</u></p>		
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<u>Assessment of Older Adults</u>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
American Psychological Association Task Force to Update the Guidelines for the Evaluation of Dementia and Age-Related Cognitive Decline. (2010). <i>Guidelines for the evaluation of dementia and age-related cognitive change.</i> Washington, DC: American Psychological Association.	Outlines guidelines for psychologists performing evaluations of dementia and age-related cognitive change, with respect to the APA Code of Ethics (2002).	http://www.apa.org/pi/aging/resources/dementia-guidelines.pdf
Chiraboga, D.A., Yee, B., Jang, Y. (2005). <i>Minority and cultural issues in late-life depression. Clinical Psychology: Science and Practice, 12, 358-363.</i>	Reviews information to help clinicians provide culturally sensitive services at the individual and organizational level. Also addresses factors affecting cultural minority elders and addresses problems with psychosocial assessment tools.	doi:10.1093/clipsy/bpi042
Edelstein, B., Woodhead, E., Segal, D., Heisel, M., Bower, E., Lowery, A., & Stoner, S. (2008). <i>Older adult psychological</i>	Includes latest on general assessment issues related to older adults and state-of-the-art instruments to be used for varied conditions.	doi:10.1080/07317110802072108

<p>assessment: Current instrument status and related considerations. <i>Clinical Gerontologist</i>, 31, 1-35.</p>		
<p>Zweig, R.A. (2008). Personality Disorder in Older Adults: Assessment Challenges and Strategies. Professional Psychology: Research and Practice, 39 (3), 298-305</p>	<p>Reviews considerations when assessing for personality disorders in older adults. Topics include providers' beliefs about personality & aging, validity of diagnostic criteria when applied to older adults, limitations of assessment tools, personality pathology across the lifespan, and strategies for evaluating personality disorders in aging adults.</p>	<p>doi:10.1037/0735-7028.39.3.298</p>
<p>Foundations of Assessment of Older Adults, cont'd</p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>American Bar Association Commission on Law and Aging & American Psychological Association. (2008). Assessment of older adults with diminished capacity: A handbook</p>	<p>This handbook addresses the importance of assessing capacity in older adults and the reviews the types of capacity assessed.</p>	<p>http://www.apa.org/pi/aging/programs/assessment/capacity-psychologist-handbook.pdf</p>

for psychologists. Washington, DC: American Bar Association and APA.		
Hunt, T. & Lindley, C. J. (eds). Testing Older Adults: A reference guide for geropsychological assessments , TX: Austin, Pro-Ed 1989	This book provides a historical review of geropsychology assessment, approaches to use with various disorders, problems, and situations (e.g. workplace evaluations). Although it is unfortunately out of print, used copies are available online.	http://www.amazon.com/Testing-Older-Adults-Geropsychological-Assessments/dp/0890792186/ref=sr_1_1?s=books&ie=UTF8&qid=1295414752&sr=1-1
Lichtenberg, P.A. (Ed.) (2010). Handbook of assessment in clinical gerontology (2nd edition) . Burlington, MA: Academic Press.	Compendium of chapters on assessment issues related to older adults covering a wide range of topics. Already considered a classic in the field.	http://www.amazon.com/Handbook-Assessment--Clinical-Gerontology-Second/dp/0123749611/ref=sr_1_2?s=books&ie=UTF8&qid=1295415930&sr=1-2

<u>Foundations of Intervention, Consultation and Other Service Provision</u>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Hyer, L., Carpenter, B., Bishman, D., Wu, H. (2005). Depression	This article reviews the unique challenges and multiple manifestations of depression in LTC	doi:10.1093/clipsy/bpi031

<p>in long term care. <i>Clinical Psychology: Science and Practice</i>, 12, 280-299.</p>	<p>environments, evaluates the strengths/weaknesses of assessment tools, and examines effective and empirically supported clinical interventions.</p>	
<p>Karlin, B. E., & Humphreys, K. (2007). Improving Medicare coverage of psychological services for older Americans. <i>American Psychologist</i>, 62, 637-649.</p>	<p>See this article for history and information on policy and advocacy regarding psychological services for older adults.</p>	<p>doi:10.1037/0003-066X.62.7.637</p>
<p>Zeiss, A. M. (2003). Providing interdisciplinary geriatric team care: What does it really take? <i>Clinical Psychology: Science and Practice</i>, 10(1), 115-119.</p>	<p>Article describes team functioning in the service of geriatric patient care.</p>	<p>http://onlinelibrary.wiley.com/doi/10.1093/clipsy.10.1.115/abstract</p>
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>American Geriatrics Society. (2009). Doorway Thoughts: Cross-Cultural Health Care for Older Adults, Vol 3: Religion and Spirituality. Sudbury, MA: Jones & Bartlett.</p>	<p>Considers cross-cultural health care for older adults and the role of religion in health care decision-making in America</p>	<p>http://www.amazon.com/Doorway-Thoughts-Cross-Cultural-Health-Adults/dp/0763759848/ref=sr_1_fk_mr0_1?ie=UTF8&qid=1323827617&sr=8-1-fkmr0</p>
<p><u>Foundations of Intervention, Consultation and Other Service Provision,</u></p>		

cont'd

BOOKS

TITLE	DESCRIPTION	
Duffy, M. (Ed.) (1999). Handbook of counseling and psychotherapy with older adults. New York: John Wiley & Sons.	Includes sections on general approaches to conducting individual, family, group, and community interventions with older adults and psychotherapy for a variety of specific disorders. The chapters have a practical hand-on orientation to clinical practice with older adults, and the humanistic theoretical approach is well-represented.	http://www.amazon.com/Handbook-Counseling-Psychotherapy-Older-Adults/dp/0471254614/ref=sr_1_5?ie=UTF8&s=books&qid=1244647029&sr=1-5
Gallagher-Thompson, D. G. Steffen, A. M., & Thompson, L. W. (2008). Handbook of behavioral and cognitive therapies with older adults. New York: Springer.	Includes evidence-based chapters on CBT for older adults with a range of mental health needs. Information also includes reducing caregiver stress, enhancing positive mental health, training of mental health workers, and health care system issues.	http://www.amazon.com/Handbook-Behavioral-Cognitive-Therapies-Older-Adults/dp/1441924612/ref=sr_1_1?ie=UTF8&s=books&qid=1296247959&sr=1-1
Institute of Medicine. (2008). <i>Retooling for an aging America: Building the health care workforce</i>. Washington, DC: National Academies Press.	This report highlights the discrepancy between the number of older adults seeking healthcare services and the inadequate number of healthcare professionals who are trained to meet their needs. Also makes recommendations about how to reduce this gap.	http://www.iom.edu/Reports/2008/Retooling-for-an-Aging-America-Building-the-Health-Care-Workforce.aspx
Rollnick, R. Miller, W., & Butler, C., (2008).	While not directly about older adults, this book	http://www.amazon.com/Motivational-Interviewing-Health-Care-

<p>Motivational interviewing in health care: Helping patients change behavior. New York: Guilford Press.</p>	<p>provides very practical suggestions on methods of encouraging healthy behaviors and compliance with medical advice.</p>	<p>Applications/dp/1593856121</p>
<p>Zarit, S.H., & Zarit, J.M. (2007). Mental disorders in older adults: Fundamentals of Assessment and Treatment (2nd ed.). New York: The Guilford Press.</p>	<p>This book is written by well-known geropsychologists. It broadly reviews the assessment and treatment of mental disorders commonly seen among older adults seeking mental health services. It is an excellent resource with which to get grounded in clinical geropsychology.</p>	<p>http://www.amazon.com/Mental-Disorders-Older-Adults-Second/dp/1572309466/ref=sr_1_1?ie=UTF8&s=books&qid=1225222405&sr=1-1</p>
<p><u>Foundations of Intervention, Consultation and Other Service Provision, cont'd</u></p>		
<p>WEBSITES</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>Caregiving Resources Made Easy: Where to Find Help in the Midst of a Crisis. [Online course]</p>	<p>This is a brief guide to resources for caregivers that are available in most communities, including information on Area Agencies on Aging, Adult Day Care, Home Health and In-home Care, and the full continuum of long term care settings. This list of resources includes internet links to all services discussed.</p>	<p>http://www.cohealth.org/items.couse.php?floor=&tagid=10&courseid=49</p>

Family Caregiver Briefcase - Variations for Practice for Culturally Diverse Groups (American Psychological Association)	Guide to understanding the importance of diversity when working with family caregivers.	http://www.apa.org/pi/about/publications/caregivers/practice-settings/cultural-issues/index.aspx
National Area Agency on Aging (AAA)	Provides information for national and local senior services, includes links to local AAA, and includes information for home and community-based services.	http://www.n4a.org/

SKILLS COMPETENCIES

<p style="text-align: center;"><u>Professional Geropsychology Functioning (Foundational Competencies)</u></p>		
<p style="text-align: center;">ARTICLES</p>		
<p>TITLE</p> <p>Haley, W. E., Kasl-Godley, J., Larson, D. G., Neimeyer, R., & Kwilosz, D. M. (2003). Role for psychologists in end-of-life care: Emerging models of practice. <i>Professional Psychology: Research</i></p>	<p>DESCRIPTION</p> <p>Discusses the multiple roles available for psychologists working with patients/family facing end-of-life care. Also provides information about various models of health care teams and the types of psychological services needed and available within these settings.</p>	<p>LINK (IF APPLICABLE)</p> <p>doi:10.1037/0735-7028.34.6.626</p>

<p><i>and Practice, 34(6), 626-633.</i></p>		
<p>Levy, B.R. (2003). Mind matters: Cognitive and physical effects of aging self-stereotypes. <i>The Journals of Gerontology Series B: Psychological Sciences and Social Sciences 58, P203-P211.</i></p>	<p>This article reviews the literature on the development and consequences of aging self-stereotypes, an important issue for aging psychologists to consider, as well as for any professionals working with older adults to be aware of.</p>	<p>http://psychsoc.gerontologyjournal.org/cgi/content/full/58/4/P203</p>
<p>Lichtenberg, P. A., Smith, M., Frazer, D., Molinari, V., Rosowsky, E., Crose, R., et al. (1998). Standards for psychological services in long-term care facilities. <i>The Gerontologist, 38, 122-127.</i></p>	<p>The organization <i>Psychologists in Long Term Care</i> published these standards to help guide psychological service delivery in long term care settings. The Standards address issues of providers, referral for psychological services, assessment, treatment, and ethical issues.</p>	<p>http://www.pltcweb.org/subject.php?target=standards</p>
<p>Molinari, V. (2012). Application of the competency model to geropsychology. <u>Professional Psychology: Research</u></p>	<p>This article This article outlines knowledge-based and applied functional geropsychology</p>	

<p><u>and Practice</u>, 43(5), 403-409.</p>	<p>competencies in assessment, intervention, consultation, research, supervision training, and management-administrative domains consistent with the Pikes Peak model.</p>	
<p>Karel, M. J., Emery, E. E., & Molinari, V. (2010). Development of a tool to evaluate geropsychology knowledge and skill competencies. <i>International Psychogeriatrics</i>, 22, 886-896.</p>	<p>This article discusses the strengths and limitations of the Pikes Peak competency evaluation tool.</p>	
<p>Karel, M. J., Holley, C. K., Whitbourne, S. K., Segal, D. L., Tazeau, Y. N., Emery, E. E., Molinari, V., Yang, J., & Zweig, R. A. (2012). Preliminary validation of a tool to assess competencies for professional geropsychology practice. <i>Professional Psychology: Research and Practice</i>, 43, 110-117.</p>	<p>The article reviews the validity of the Pikes Peak competency evaluation tool.</p>	
<p><u>Professional Geropsychology Functioning</u></p>		

<u>(Foundational Competencies), cont'd.</u>		
BOOKS		
TITLE	DESCRIPTION	
<p>American Psychological Association Presidential Task Force on Integrated Health Care for an Aging Population. (2008). <i>Blueprint for change: Achieving integrated health care for an aging population.</i> Washington DC: American Psychological Association.</p>	<p>The purpose of the <i>Blueprint</i> report is to examine and make recommendations for how psychologists can work with other healthcare professionals, individuals and families to ensure appropriate, effective, and integrated healthcare for the increasing number of older adults.</p>	<p>http://www.apa.org/pi/aging/programs/integrated/integrated-healthcare-report.pdf</p>
<p>Karel, M.J. (2008). <i>Ethical issues.</i> In E. Rosowsky, J. Casciani & M. Arnold (Eds.) <i>Geropsychology and long term care: A practitioner's guide</i> (pp. 111-123). New York: Springer.</p>	<p>This chapter expands on the ethical principles addressed in the PLTC <i>Standards</i> (above), addressing issues including informed consent, confidentiality, privacy, conflict of interest, and advocacy, and poses a framework for ethical decision making in long term care. While the focus is on long-term care settings, the principles are applicable more broadly to geropsychological care, particularly in interdisciplinary team contexts.</p>	<p>http://www.amazon.com/Geropsychology-Long-Term-Care-Practitioners/dp/0387726462/ref=sr_1_3?ie=UTF8&s=books&qid=1242939941&sr=1-3</p>

<p>Knight, B.G. (2004). Psychotherapy with older adults (3rd ed.). Sage Publications.</p>	<p>The third edition of this book continues to offer students and professionals a thorough overview of psychotherapy with older adults. Using the contextual, cohort-based, maturity, specific challenge (CCMSC) model, it draws upon findings from scientific gerontology and life-span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults, as well as when it is similar to therapeutic work with younger adults.</p>	<p>http://www.amazon.com/Psychotherapy-Older-Adults-Dr-Knight/dp/076192373X/ref=sr_1_1?ie=UTF8&s=books&qid=1242941167&sr=1-1</p>
<p>Qualls, S. H. & Kasl-Godley, J. E. (Eds.) (2010). End-of-life issues, grief, and bereavement: What clinicians need to know. [Wiley Series in Clinical Geropsychology]. Hoboken, NJ: John Wiley & Sons</p>	<p>This book brings together a collection of mental health providers to discuss end-of-life care. The book provides “a framework for developing the competencies needed to work with end-of-life care issues, challenges, concerns, and opportunities.”</p>	<p>http://www.amazon.com/End-Life-Issues-Grief-Bereavement/dp/0470406933/ref=sr_1_2?ie=UTF8&s=books&qid=1287986109&sr=1-2#</p>
<p><u>Professional Geropsychology Functioning (Foundational Competencies), cont'd.</u></p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>Scogin, F. (2000). The first session with seniors: A step-by-step guide. San</p>	<p>This book offers practical clinical guidelines for diagnosing, obtaining background information,</p>	<p>http://www.amazon.com/First-Session-Seniors-Step-Step/dp/0787947431/ref=sr_1_1?ie=UTF8&s=books&qid=</p>

Francisco: Jossey-Bass, Inc.	uncovering hidden issues, and collaborating on goals-all within the first (and often only) fifty-minute session, and is filled with illustrative case examples.	1242940999&sr=1-1
WEBSITES		
TITLE	DESCRIPTION	
The APA Office on Aging.	The office is a coordination point for APA activities pertaining to aging and geropsychology. The website includes numerous evidence-based resources related to the practice of geropsychology.	http://www.apa.org/pi/aging/
The APA Office on Aging, Aging Issues Newsletter.	This newsletter, updated 2-3 times annually, provides updates on a wide range of issues of interest to geropsychologists. In particular, the newsletter maintains an active aging policy update section.	http://www.apa.org/pi/aging/resources/newsletter/index.aspx
APA Practice Directorate website	Provides information and resources regarding documentation, billing, reimbursement, etc.	http://www.apapractice.org/apo/insider/practice/working_with_medicare.html#
Centers for Medicare and Medicaid Services	This website has detailed information about becoming a Medicare provider, explanation of Medicare, billing for Medicare services, etc.	http://www.cms.hhs.gov/default.asp
Professional		

Geropsychology
Functioning
(Foundational
Competencies), cont'd.

WEBSITES		
TITLE	DESCRIPTION	
Eldercare Locator, U.S. Administration on Aging.	This resource “is your first step for finding local agencies, in every U.S. community, that can help older persons and their families access home and community-based services like transportation, meals, home care, and caregiver support services”	www.eldercare.gov 1-800-677-1116.
Medical News Today: Seniors/Aging News	“The latest Seniors News & Aging News articles published daily. Includes news on the biology of aging, demographics, continuity of care, quality of life, care needs, longevity and lifestyle.”	http://www.medicalnewstoday.com/sections/seniors/
National Center on Elder Abuse (NCEA)	The National Center on Elder Abuse (NCEA) through the Administration on Aging (AoA) serves as a national resource center dedicated to the prevention of elder mistreatment. The website provides information regarding signs and symptoms of elder abuse and resources related to reporting and helping vulnerable elders.	http://www.ncea.aoa.gov
National Institute on	Provides multiple sources of	http://www.nia.nih.gov/NewsAndE

Aging (NIA)	information and resources related to aging research (sponsored by U.S. National Institute of Health).	vents/
The Public Policy & Aging E-Newsletter	<p>“This bimonthly e-newsletter highlights key developments and viewpoints in the field of aging policy from a wide variety of sources, including articles and reports circulating in the media, academy, think tanks, private sector, government and nonprofit organizations. The goal of this email publication is to reach teachers, students, and citizens interested in aging-related issues, especially those who may not have easy access to policy information disseminated both in Washington and around the country.”</p>	http://www.agingsociety.org/aging_society/publications/public_policy/PPAR_ENewsletter.html
Professional Geropsychology Functioning (Foundational Competencies), cont'd.		
WEBSITES		
TITLE	DESCRIPTION	
American Psychological Association Office on Aging	Provides resources and brochures, as well as health education materials, for psychologists interested in learning more about clinical work with older adults.	http://www.apa.org/pi/aging/
Science Daily: Healthy Aging News	This website contains a collection of resources	http://www.sciencedaily.com/news/health_medicine/healthy_aging/

	(articles, video, images, books) about multiple aspects of aging (biology, social, nutrition, etc.)	
Yeo, G. (Ed.). (2001). Curriculum in ethnogeriatrics, second edition. Stanford, CA: Collaborative on Ethnogeriatric Education. [Online curriculum]	This website is a tremendous resource on information for culturally competent geriatric care.	http://www.stanford.edu/group/ethnoger/

<u>Assessment</u>		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Feldman, D. B. & Periyakoil, V. S. (2006). Posttraumatic stress disorder at end of life. <i>Journal of Palliative Medicine</i>, 9(1), 213-218.	One of the few articles discussing PTSD at the end-of-life, terminal illness as a risk factor for the exacerbation of PTSD symptoms, and ways of interacting with and palliating the pain of persons with PTSD.	doi:10.1089/jpm.2006.9.213
King, L.A., King, D.W., Vickers, K., Davison, E.H., & Spiro, A. (2007). Assessing late-onset stress symptomatology	This article describes the late-onset stress symptomatology (LOSS) phenomenon, a construct distinct but similar to PTSD. The authors created and	doi:10.1080/13607860600844424

<p>among aging male combat veterans. <i>Aging and Mental Health, 11(2), 175-19.</i></p>	<p>assess the psychometrics of the LOSS Scale to assess for symptoms among aging combat veterans.</p>	
<p>Marson, D. C., Hebert, K., & Solomon, A. C. (2011). Assessing civil competencies in older adults with dementia: Consent capacity, financial capacity, and testamentary capacity. In G. J. Larrabee (Ed.), <i>Forensic Neuropsychology. A Scientific Approach</i>. NY: Oxford University.</p>	<p>This chapter presents conceptual and clinical approaches to assessing different civil competencies in older patients with cognitive impairment and dementia.</p>	<p>doi:10.1037/t04728-000</p>
<p>Edelstein, B. A., Drozdick, L.W., & Ciliberti, C. M. (2010). Assessment of Depression and Bereavement in Older Adults. In P. A. Lichtenberg (Ed.), <i>Handbook of Assessment in Clinical Gerontology</i> (2nd ed., pp. 3–43). Academic Press.</p>	<p>This chapter focuses on the assessment of depression and bereavement.</p>	<p>doi: 10.1016/B978-0-12-374961-1.10001-6</p>
<p>Scogin, F. & Avani, S. (2006). Screening older adults for depression in primary care settings. <i>Health Psychology, 25,</i></p>	<p>This article reviews strengths and barriers to screening older adults for depression in primary care settings.</p>	<p>doi: 10.1037/0278-6133.25.6.675</p>

675-677.		
Assessment, cont'd.		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Moye, J., Butz, S. W., Marson, D. C., & Wood, E. (2007). A conceptual model and assessment template for capacity evaluation in adult guardianship. <i>The Gerontologist</i>, 47,591- 603.	Reviews issues related to conducting and documenting a capacity evaluation and provides an assessment template that considers: (a) medical condition, (b) cognition, (c) functional abilities, (d) values, (e) risk of harm and level of supervision needed, and (f) means to enhance capacity.	doi:10.1093/geront/47.5.591
Pinsker, D.M., Pachana, N.A., Wilson, J., Tilse, C., Byrne, G.J. (2010). Financial capacity in older adults: A review of clinical assessment approaches and considerations. <i>The Clinical Gerontologist</i>, 33(4), 332-346	This article considers cognitive, psychiatric, social, and cultural factors that relate to financial incapacity in older adults. It also reviews clinical approaches and instruments currently used in capacity determinations.	doi:10.1080/07317115.2010.502107
BOOKS		
TITLE	DESCRIPTION	
Attix, D. K. & Welsh-Bohmer, K. A. (Eds.) (2005). <i>Geriatric Neuropsychology: Assessment and Intervention</i>. NY: Guildford Press.	“Evidence-based assessment and intervention strategies are described, and specific guidance is provided for linking neuropsychological evaluation to individualized treatment planning. Demonstrating an array of	http://www.amazon.com/Geriatric-Neuropsychology-Intervention-Deborah-Attix/dp/1593852266/ref=sr_1_3?s=books&ie=UTF8&qid=1296250144&sr=1-3#

	cognitive training, compensatory, and psychotherapeutic approaches, the volume shows how these can successfully be used to improve patients' functioning and quality of life.”	
Kempler, D. (2005). Neurocognitive disorders in aging. Thousand Oaks, CA: Sage Publications.	This is a comprehensive, well written introduction to common disorders that yield cognitive and behavioral problems in older adults. Both diagnosis and treatment are discussed.	http://www.amazon.com/Neurocognitive-Disorders-Aging-Daniel-Kempler/dp/076192163X/ref=tmm_pap_img_popover?ie=UTF8&qid=1296249778&sr=1-1
Assessment, cont'd.		
BOOKS		
TITLE	DESCRIPTION	
Laidlaw, K., & Knight, B. (2008). Handbook of emotional disorders in later life: Assessment and treatment. New York, NY US: Oxford University Press.	“ Throughout the book, key research and clinical experience is reported as underlying evidence based treatment, but the emphasis is on practical guidance for assessment and interventions, rather than detailed discussion of methodological issues.”	http://www.amazon.com/Handbook-Emotional-Disorders-Later-Life/dp/0198569459/ref=sr_1_1?ie=UTF8&s=books&qid=1294435499&sr=1-1
Lichtenberg, P.A. (Ed.) (2010). Handbook of assessment in clinical gerontology (2nd Ed). Elsevier Academic Press.	Compendium of chapters on assessment issues related to older adults covering a wide range of topics. Already considered a classic in the field.	http://www.amazon.com/Handbook-Assessment-Clinical-Gerontology-Second/dp/0123749611/ref=sr_1_1?s=books&ie=UTF8&qid=1294208712&sr=1-1
Qualls, S. H. & Smyer, M. A. (2007). Changes in decision-making capacity: Assessment	A clinically-oriented overview of work with persons whose decision-making capacity is in question. The book includes	http://www.amazon.com/Changes-Decision-Making-Capacity-Older-Adults/dp/0470037989/ref=sr_1_1?ie

<p>and intervention. [Wiley Series in Clinical Geropsychology]. Hoboken, NJ: Wiley Publishing.</p>	<p>descriptions of the functioning of the various systems that psychologists encounter when working with older adults with compromised decisional capacity. This book guides clinicians through the assessment issues, and then addresses intervention.</p>	<p>=UTF8&s=books&qid=1247676217&sr=1-1</p>
<p>Storandt, M. & Vendenbos, G. R. (Eds). (1999). Neuropsychological Assessment of Dementia and Depression in Older Adults: A Clinician's Guide. Washington, DC: American Psychological Association.</p>	<p>This book "...reviews the most up-to-date research on the diagnosis of dementia and depression and offers concrete recommendations for evaluating this unique population. A helpful appendix refers readers to cognitive test norms for older adults."</p>	<p>http://www.amazon.com/Neuropsychological-Assessment-Dementia-Depression-Adults/dp/1557984379/ref=sr_1_2?s=books&ie=UTF8&qid=1296250144&sr=1-2#</p>
<p>Assessment, cont'd.</p>		
<p>BOOK CHAPTERS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>Edelstein, B., & Segal, D. L. (2011). Assessment of emotional and personality disorders in older adults. In K. W. Schaie & B. G. Knight (Eds.), Handbook of the psychology aging (7th ed., pp. 325-337). New York: Academic Press.</p>	<p>This chapter reviews issues and considerations related to assessment of personality disorders in older adults.</p>	<p>http://www.amazon.com/Handbook-Psychology-Aging-Seventh-Handbooks/dp/0123808820</p>
<p>Marty, M. A., Pepin, R.,</p>	<p>This chapter provides a</p>	<p>http://onlinelibrary.wiley.com/doi/</p>

<p>June, A., & Segal, D. L. (2011). Geriatric depression scale. In M. Abou-Saleh, C. Katona, & A. Kumar (Eds.), Principles and practice of geriatric psychiatry (3rd ed., pp. 152-156). New York: Wiley.</p>	<p>description of the development, psychometric properties, alternate forms, and use of the GDS with special populations.</p>	<p>10.1002/9780470669600.ch29/summary</p>
<p><u>Intervention</u></p>		
<p>ARTICLES</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>American Psychological Association. (2009b). <i>Psychotherapy and Older Adults Resource Guide</i>.</p>		<p>http://www.apa.org/pi/aging/resources/guides/psychotherapy.aspx</p>
<p>Dillon, H. R., Wetzler, R. G., & Lichstein, K. L. (2012). Evidence-based treatments for insomnia in older adults. In F. Scogin & A. Shah (Eds.), <i>Making evidence-based psychological treatments work with older adults</i> (pp. 47-86). Washington, DC: American Psychological Association.</p>	<p>This article discusses evidence-based treatments for insomnia in older adults.</p>	<p>doi:10.1037/13753-003</p>
<p>Curyto, K. J., Trevino, K. M., Ogland-Hand, S., & Lichtenberg, P. (2012).</p>	<p>This article reviews evidence-based treatments for behavioral disturbances</p>	<p>doi:10.1037/13753-006</p>

<p>Evidence-based treatments behavioral disturbances in long-term care. In F. Scogin & A. Shah (Eds.), <i>Making evidenced-based psychological treatments work with older adults</i> (pp. 167-223). Washington, DC: American Psychological Association.</p>	<p>in long-term care.</p>	
<p>Ayers, C. R., Sorrell, J. T., Thorp, S. R., & Wetherell, J. L. (2007). Evidence-based psychological treatments for late-life anxiety. <i>Psychology and Aging, 22(1), 8-17.</i></p>	<p>This article reviews the literature on psychological treatments for anxiety in later life. The authors specifically focus on relaxation training, CBT, with some additional focus on supportive therapy and cognitive therapy. Strengths and weaknesses of the research are addressed as are common assessment instruments.</p>	<p>doi:10.1037/0882-7974.22.1.8</p>
<p>Gallagher-Thompson, D., & Coon, D. W. (2007). Evidence-based psychological treatments for distress in family caregivers of older adults. <i>Psychology and Aging, 22(1), 37-5.</i></p>	<p>This article reviews therapeutic components receiving the most support among three evidence-based treatments: psychoeducational programs (e.g., skills-based training programs), psychotherapy (CBT), and multicomponent interventions (individual counseling and support group).</p>	<p>doi:10.1037/0882-7974.22.1.37</p>

Intervention, cont'd.		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Hallenbeck, J. (2005). Palliative care in the final days of life. "They were expecting it at any time. <i>Journal of the American Medical Association</i>, 293(18), 2265-2271.	Written from a physician's perspective, this article uses a case example to demonstrate ways of communicating with families throughout the dying process.	doi:10.1001/jama.293.18.2265
Karel, M.J., Hinrichsen, G. (2000). Treatment of depression in late life: Psychotherapeutic Interventions. <i>Clinical Psychology Review</i>, 20, 707-729.	"This paper reviews the background and empirical support for the efficacy of various psychotherapies for treating late life depression, including cognitive-behavioral, interpersonal, psychodynamic, life review, group, and family interventions."	doi:10.1016/S0272-7358(99)00065-3
Kasl-Godley, J. & Gatz, M. (2000). Psychosocial interventions for individuals with dementia: An integration of theory, therapy, and a clinical understanding of dementia. <i>Clinical Psychology Review</i>, 20(6), 755-782.	Review of clinical interventions for persons with dementia through discussion of theoretical bases within the context of dementia. Psychodynamic, cognitive-behavioral, reminiscence, and life review approaches are discussed in terms of their application depending on the degree of the person's dementing process.	doi:10.1016/S0272-7358(99)00062-8
Kim, K.Y. & Goldstein, M. Z. (1997). Treating older adults with psychotic symptoms.	This article discusses the epidemiology, risk factors, assessment, diagnosis, and treatment of psychotic symptoms in older adults.	http://www.ncbi.nlm.nih.gov/pubmed/9285970

<i>Psychiatric Services</i> , 48(9), 1123-1126.		
Logsdon, R. G., McCurry, S. M., & Teri, L. (2007). Evidence- based psychological treatments for disruptive behaviors in individuals with dementia. <i>Psychology and Aging</i>, 22(1), 28- 36.	The authors review evidence- based therapies demonstrated significant differences between treatment and control groups. The article focuses on efficacious aspects of behavioral problem-solving therapies and individualized interventions.	doi:10.1037/0882-7974.22.1.28
McCurry, S. M., Logsdon, R. G., Teri, L., & Vitiello, M. V. (2007). Evidence- based psychological treatments for insomnia in older adults. <i>Psychology and Aging</i>, 22(1), 18- 27.	This article discusses the treatments that met evidence-based treatment criteria (sleep restriction- sleep compression therapy; multicomponent CBT). Authors also address the systemic drawbacks of the APA's EBT criteria in relation to the complexities of older adults and insomnia.	doi:10.1037/0882-7974.22.1.18
Intervention, cont'd.		
ARTICLES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Patterson, T. L., Mausbach, B. T., McKibbin, C., Goldman, S., Bucardo, J., & Jeste, D. V. (2006). Functional Adaptation Skills Training (FAST): A randomized trial of a psychosocial intervention for middle-aged and older patients with	This article evaluates a behavioral group intervention ("Functional Adaptations and Skills Training") designed to improve everyday living skills of middle- aged and older outpatients with chronic psychotic disorders. SAMHSA intervention summary:	http://www.ncbi.nlm.nih.gov/pubmed/16814526

<p>chronic psychotic disorders. <i>Schizophrenia Research, 86, 291-299.</i></p>	<p>http://nrepp.samhsa.gov/Vie wIntervention.aspx?id=92</p>	
<p>Shah, A., Scogin, F., & Floyd, M. (2012). Evidence-based psychological treatments for geriatric depression. In F. Scogin & A. Shah (Eds.), <i>Making evidence-based psychological treatments work with older adults</i>. Washington, DC: American Psychological Association.</p>	<p>The authors identify six therapies meeting APA's evidence-based treatment criteria: behavioral therapy, CBT, cognitive bibliotherapy, problem-solving therapy, brief psychodynamic therapy, and reminiscence therapy.</p>	
<p>Shear, K., Frank, E., Houck, P., & Reynolds, C. (2005). Treatment of complicated grief. A randomized controlled trial. <i>Journal of the American Medical Association, 293(21), 2601-2608.</i></p>	<p>Study compares complicated grief therapy to standard interpersonal psychotherapy. Results find that complicated grief therapy demonstrates increased efficacy relative to standard (interpersonal) individual psychotherapy.</p>	<p>doi:10.1001/jama.293.21.2601</p>
<p>Zhang, B., El-Jawahri, A., & Prigerson, H. G. (2006). Update on bereavement</p>	<p>This article reviews distinguishing characteristics of and risk factors for complicated grief relative to</p>	<p>doi:10.1089/jpm.2006.9.1188</p>

<p>research. Evidence-based guidelines for the diagnosis and treatment of complicated bereavement. <i>Journal of Palliative Medicine</i>, 9(5), 1188-1203.</p>	<p>normal grieving and compares complicated grief disorder to other mental health disorders secondary to bereavement. Review also discusses promising psychotherapies to address complicated grief disorder.</p>	
<p>Intervention, cont'd.</p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	<p>LINK (IF APPLICABLE)</p>
<p>Azar, A., Dadvar, F., Wilson-Arias, E., Jimenez, D., Dupart, T., Gray, H., and Gallagher-Thompson, D. (2009-2010). Coping with Caregiving: An Intervention Manual for Caregivers Where English is Not Their First Language.</p>	<p>This manual uses less text, more illustrations, and fewer home practice assignments. Portions of this manual have been pilot-tested with Farsi-speaking and Spanish-speaking caregivers in the Bay area and it appears to be successful.</p>	<p>Materials are generously made available from Dr. Gallagher-Thompson at Stanford University. Please contact her for more information.</p>
<p>Gallagher-Thompson, D. & Thompson, L. W. (2009). Treating late life depression: A cognitive-behavioral therapy approach, therapist guide. Oxford: Oxford University.</p>	<p>This guide delineates a three-phrase program using CBT principles tailored for older adults. The text is user-friendly and includes information on screening, assessment along with sample dialogues and at-home assignments. This protocol is listed in the</p>	<p>http://www.amazon.com/Treating-Late-Life-Depression-Cognitive-Behavioral/dp/0195383699/ref=sr_1_3?s=books&ie=UTF8&qid=1296795410&sr=1-3</p>

	SAMHSA registry (www.samhsa.gov) as an evidence-based treatment approach for late-life depression. Client workbook also available (listed below).	
Gallagher-Thompson, D., Solano, N., McGee, J.S., Kriszta, E., Kaye, J., Coon, D., & Thompson, L. W. (2002). Coping with caregiving: Reducing stress and improving quality of life. Stanford Univ. School of Medicine and VA Palo Alto Health Care System.	This is a new manual for treating distress in family caregivers. It represents a detailed revision of the manual listed below with new material including a module on behavior management and another on end-of-life issues.	Materials are generously made available from Dr. Gallagher-Thompson at Stanford University. Please contact her for more information.
Gant, J. R., Steffen, A. M., Silberbogen, A. K. & Gallagher-Thompson, D. (2001). The dementia caregiving skills program: Reducing distress and enjoying time with your family member (coach's manual). St. Louis, MO; University of Missouri at St. Louis.	This manual was developed, w/accompanying videotape , to use with homebound caregivers. Translated into other languages: Spanish: Solano, N., Cardenas, V., Day, S.M., & Gallagher-Thompson, D. (2002). Chinese: Tang, P., Wang, P.C., Leung, L., Liu, A., Tse, C., Pu, C. Y., & Gallagher-Thompson, D. (2002). Japanese: Eto-Iwase, T., Gallagher-Thompson, D. & associates. (2007).	Materials are generously made available from Dr. Gallagher-Thompson at Stanford University. Please contact her for more information.
Intervention, cont'd.		
BOOKS		

TITLE	DESCRIPTION	
<p>Harvey, P. (2005). Schizophrenia in late life: Aging effects on symptoms and course of illness. Washington D.C.: American Psychological Association.</p>	<p>"This volume presents a comprehensive picture of the current research about late life schizophrenia...The central issue is that of age-related changes in the clinical features of schizophrenia, which include delusions, hallucinations, emotional changes, cognitive impairments, and adaptive life skills." Also considers whether current interventions translate to older adults.</p>	<p>http://www.amazon.com/Schizophrenia-Late-Life-Effects-Symptoms/dp/1591471621/ref=sr_1_1?s=books&ie=UTF8&qid=1323820964&sr=1-1</p>
<p>Hinrichsen, G.A., & Clougherty, K.F. (2006). Interpersonal psychotherapy for depressed older adults. Washington, DC: American Psychological Association.</p>	<p>The 1st clinical manual for conducting interpersonal psychotherapy (IPT) with depressed older adults. Includes detailed clinical case materials, practice guidance for dealing with common clinical issues in IPT w/older adults, and background/research relevant to IPT with this population.</p>	<p>http://www.amazon.com/Interpersonal-Psychotherapy-Depressed-Older-Adults/dp/1591473616/ref=sr_1_3?ie=UTF8&s=books&qid=1250096771&sr=1-3</p>
<p>Knight, B.G. (2004). Psychotherapy with older adults (3rd ed.). Thousand Oaks, CA: Sage.</p>	<p>A highly popular overview of psychotherapy with older adults written by a well-known geropsychologist. It offers a conceptual model for understanding and treating mental disorders commonly seen by geropsychologists. It is rich with clinical examples and highly recommended.</p>	<p>http://www.amazon.com/Psychotherapy-Older-Adults-Bob-Knight/dp/0761923721/ref=sr_1_1?ie=UTF8&s=books&qid=1225222608&sr=1-1</p>
<p>Karel, M.J., Ogland-</p>	<p>A highly readable, case-rich,</p>	<p>http://www.amazon.com/Assessing</p>

<p>Hand, S., & Gatz, M. with Unitzer, J. (2002). Assessing and treating late-life depression: A casebook and resource guide. New York: Basic Books.</p>	<p>research-undergirded overview of the assessment and treatment of depression in older people.</p>	<p>-Treating-Late-Life-Depression-Michele/dp/0465095437/ref=sr_1_1?ie=UTF8&s=books&qid=1225222795&sr=1-1</p>
<p>Qualls, S.H., & Williams, A.A. (2013). Caregiver family therapy: Empowering families to meet the challenges of Aging. American Psychological Association</p>	<p>This is an integrated approach to working with families of older adults.</p>	<p>http://www.amazon.com/Caregiver-Family-Therapy-Empowering-Challenges/dp/1433812142/ref=sr_1_1?s=books&ie=UTF8&qid=1386264572&sr=1-1&keywords=caregiver+family+therapy</p>
<p>Intervention, cont'd.</p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>Levkoff, S.E. et al., (2006) Evidence-based behavioral health practices for older adults. New York: Springer.</p>	<p>A great book about implementing Evidence Based Practices (EBPs) that support efforts to improve cost-effective services for older Americans. Offers guidance to successfully implement EBPs and principles in real-world clinical service settings.</p>	<p>http://www.amazon.com/Evidence-Based-Behavioral-Health-Practices-Adults/dp/0826169651/ref=sr_1_1?ie=UTF8&s=books&qid=1247326615&sr=1-1</p>
<p>Thompson, L. W., Dick-Siskin, L., Coon, D. W., Powers, D., & Gallagher-Thompson, D. (2009). Treating late life depression: A cognitive-behavioral therapy approach, workbook (Client</p>	<p>This client workbook is intended to complement the therapist's manual (listed above) for treating older adults with late-life depression. Workbook includes in-session exercises, at-home assignments, and review questions.</p>	<p>http://www.amazon.com/Treating-Late-Life-Depression-Cognitive-Behavioral/dp/0195383702/ref=sr_1_1?ie=UTF8&s=books&qid=1296851532&sr=1-1</p>

Workbook). Oxford: Oxford University.	Worksheets and forms also empower clients to track their own progress.	
Qualls, S.H., & Knight, B.G. (2006). <i>Psychotherapy for depression in older adults. [Wiley Series in Clinical Geropsychology]. Hoboken, N.J.: John Wiley & Sons.</i>	This book contains chapters written by different authors on assessment and treatment of depression. There are specific chapters on empirically-supported treatments for depression in older adults including cognitive-behavioral therapy, interpersonal psychotherapy, and problem-solving therapy. The book also discusses the social/cultural context of psychotherapy with older adults, issues in providing psychotherapy to depressed older adults in long-term care settings, how to build and manage a geropsychology practice.	http://www.amazon.com/Psychotherapy-Depression-Adults-Clinical-Geropsychology/dp/0470037970/ref=sr_1_1?ie=UTF8&s=books&qid=1225222874&sr=1-1
Qualls, S. H. & Zarit, S. H. (2009). <i>Aging families and caregiving. [Wiley Series in Clinical Geropsychology]. Hoboken, N.J.: John Wiley & Sons.</i>	This book brings together mental health care providers to discuss issues related to caregiving for aging family members. This book “helps mental health professionals guide families and other caregivers...and provides essential guidelines for professionals treating this special-needs population.”	http://www.amazon.com/Aging-Families-Caregiving-Clinical-Geropsychology/dp/0470008555/ref=sr_1_4?ie=UTF8&s=books&qid=1287987621&sr=1-4
<u>Intervention, cont'd.</u>		
BOOKS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Sajatovic, M. & Blow, F. (2007). <i>Bipolar</i>	This book considers late-life bipolar disorder with respect	http://www.amazon.com/Bipolar-Disorder-Later-Martha-

Disorder in Later Life. Baltimore: The Johns Hopkins University Press.	to epidemiology and assessment, treatment, complexity and comorbidity, and specialized care delivery.	Sajatovic/dp/0801885817/ref=sr_1_1?ie=UTF8&qid=1323820930&sr=8-1
Segal, D.L., Coolidge, F.L., & Rosowsky, E. (2006). Personality disorders and older adults: Diagnosis, assessment, and treatment. Hoboken, N.J.: John Wiley & Sons.	Reviews what is known about the origins, assessment, and treatment of personality disorders in older adults. Older adults with personality disorders are often some of the most challenging cases that geropsychologists encounter and this book provides solid grounding on the topic.	http://www.amazon.com/Personality-Disorders-Older-Adults-Assessment/dp/047164983X/ref=sr_1_1?ie=UTF8&s=books&qid=1225222522&sr=1-1
Worden, J.W. (2008). Grief counseling and grief therapy: A handbook for the mental health practitioner (4th ed.). New York: Springer.	A very informative guide to understanding grief and loss, and how to help those who need professional support.	http://www.amazon.com/Grief-Counseling-Therapy-Handbook-Practitioner/dp/0826101208/ref=sr_1_1?ie=UTF8&s=books&qid=1249936335&sr=1-1
BOOK CHAPTERS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Feliciano, L., Segal, D. L. & Vair, C. L. (2011). Major depressive disorder. In K. H. Sorocco, & S. A. Lauderdale (Eds.), Cognitive behavioral therapy with older adults: Innovations across care settings (pp. 31-64). New York: Springer Publishing Company.	This book chapter provides an evidence-based guide to CBT for depression in older adults.	http://www.amazon.com/Cognitive-Behavior-Therapy-Older-Adults/dp/0826106196

<u>Intervention, cont'd.</u>		
BOOK CHAPTERS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>Hinrichsen, G.A. (2010). Sexual orientation issues in the context of interpersonal psychotherapy for late life depression. In N. Pachana, K. Laidlaw, and B. Knight (Eds.), <i>Casebook of clinical geropsychology: International perspectives on practice</i>. New York: Oxford University Press.</p>	<p>This chapter discusses differences in generational expectations and experiences related to sexual orientation in the context of interpersonal psychotherapy (IPT) for late-life depression. Issues are illustrated through use of case examples.</p>	<p>http://www.amazon.com/Casebook-clinical-geropsychology-International-Perspectives/dp/0199583552/ref=sr_1_1?s=books&ie=UTF8&qid=1323806373&sr=1-1</p>
<p>Lau, A. & Kinoshita, L. (2006). Cognitive behavioral therapy with culturally diverse older adults. In P. Hayes & G. Y. Iwamasa (Eds.), <i>Culturally responsive cognitive behavioral therapy</i>. Washington D.C.: American Psychological Association</p>	<p>Discusses' CBT therapists responsibility for conceptualizing each of their culturally diverse clients' cases with the particular individual's life experiences and worldviews in mind. The chapter focuses on CBT with elders of ethnic minority cultures.</p>	<p>http://www.amazon.com/Culturally-Responsive-Cognitive-behavioral-Therapy-Supervision/dp/1591473608/ref=sr_1_1?ie=UTF8&qid=1323825609&sr=8-1</p>
<p>Morales, P. (1999). The impact of cultural differences in psychotherapy with older clients: Sensitive issues and</p>	<p>"This chapter addresses the cultural and ethnic factors that shape elder adults from minority groups, and that must be taken into account when</p>	<p>http://www.amazon.com/Handbook-Counseling-Psychotherapy-Older-Adults/dp/0471254614</p>

<p>strategies. In M. Duffy (Ed.), <i>The handbook of counseling and psychotherapy with older adults</i>. New York: John Wiley.</p>	<p>initiating psychotherapy with these patients."</p>	
WEBSITES		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>iCare (Caregiving for Alzheimer's care Recipient E-training)</p>	<p>Created by Bruno Kajiyama and Dolores Gallagher-Thompson through a NIA grant. An on-line caregiver intervention program, based on the Coping with Caregiving materials. <i>Will be available online.</i></p>	<p>TBD</p>
Intervention, cont'd.		
VIDEOS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>American Psychological Association (Producer). (2008). <i>Adapting Psychotherapy for Working with Older Adults</i>. [DVD].</p>	<p>"...Dr. Bob G. Knight demonstrates his approach to adjusting therapy for working with this growing population....Older adults face problems such as chronic illness, grief, and cognitive impairment at a much higher rate than younger clients. In addition, age differences between client and therapist and generational differences in acceptance of seeking help call for the need to make</p>	<p>http://www.apa.org/pubs/videos/4310856.aspx</p>

	adaptations in approach.	
American Psychological Association (Producer). (2007). Interpersonal Psychotherapy for Older Adults with Depression. [DVD].	“...Dr. Gregory A. Hinrichsen demonstrates his approach to working with older clients suffering with this common disorder. Interpersonal psychotherapy (IPT) is a time-limited therapy that has been found to be effective in the treatment of depression in different age groups, including older adults. IPT focuses on one or two interpersonally relevant problems including interpersonal role disputes, role transitions, grief, and interpersonal deficits.	http://www.apa.org/pubs/videos/4310796.aspx
American Psychological Association (Producer). (2006). Depression with Older Adults. [DVD].	“...Dr. Peter A. Lichtenberg demonstrates his multimodal approach to treating this common presenting problem in older clients. There are many possible contributing factors to depression in this population, as issues of grief, loss, and physical decline are unavoidable aspects of later life.”	http://www.apa.org/pubs/videos/4310762.aspx
American Psychological Association (Producer). (2006). Older Couples. [DVD].	“...Dr. Paula Hartman-Stein demonstrates her approach to conducting therapy with couples in their later years....[Issues addressed include] illness, cognitive impairment, and physical decline, all of which generally cause some stress in marital relationships. Hartman-	http://www.apa.org/pubs/videos/4310768.aspx

	Stein's approach is to teach couples better ways to cope with the challenges of aging with the resources they have available.”	
Intervention, cont'd.		
VIDEOS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
American Psychological Association (Producer). (2006). Parenting Our Elderly Parents. [DVD].	“...Dr. Patricia J. Pitta demonstrates her approach to working with clients who are caretaker for their aging parents....Goals in this type of therapy include helping to realign power in relationships, identifying and resolving intergenerational conflicts, and helping caregivers to get support for themselves.	http://www.apa.org/pubs/videos/4310775.aspx
American Psychological Association (Producer). (2006). Treating Alzheimer's Disease Through Caregiver Family Therapy. [DVD].	“...Dr. Sara Honn Qualls demonstrates her approach to helping families care for loved ones with Alzheimer's disease. Caregiver Family Therapy (CFT) assists families with recognizing, interpreting, and taking action to address symptoms of growing cognitive impairment while continuing to meet the needs of multiple family members.”	http://www.apa.org/pubs/videos/4310741.aspx
American Psychological Association	“...Dr. Barry W. McCarthy's integrative couples approach to sex therapy....Integrates	http://www.apa.org/pubs/videos/4310727.aspx

<p>(Producer). (2005). Sex Therapy for Middle Age and Older Adults. [DVD].</p>	<p>sexuality issues with general therapy, focusing on the importance of sexuality in a balanced life. Dr. McCarthy's approach is to help middle-aged and older clients learn new ways to experience sexuality and eroticism instead of accepting the common notion that sexuality plays a smaller role as we age.”</p>	
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<p style="text-align: center;"><u>Consultation/ Training</u></p>		
<p style="text-align: center;">ARTICLES</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	<p>LINK (IF APPLICABLE)</p>
<p>Haley, W. E., Kasl-Godley, J., Larson, D. G., Neimeyer, R. A., & Kwilosz, D. M. (2003). Role of psychologists in end-of-life care: Emerging models of practice. <i>Professional Psychology: Research and Practice</i>, 34(6), 626-633.</p>	<p>This article discusses the types of services, interventions offered by psychology within EOL care settings. This article also discusses the challenges faced within these types of settings.</p>	<p>doi:10.1037/0735-7028.34.6.626</p>
<p>Qualls, S.H., Scogin, F., Zweig, R.A., Whitbourne, S.K. (2010). Predoctoral Training Models in Professional Geropsychology. Training and Education in</p>	<p>“This article explores the variety of ways by which predoctoral programs can facilitate development of foundational attitudes, knowledge, and skills that comprise the competencies in geropsychology.”</p>	<p>doi:10.1037/a0018504</p>

<p>Professional Psychology, 4(2), 85-90.</p>		
<p>Allen, R., Crowther, M., & Molinari, V. (in press, 6/6/13). Training in geropsychology: predoctoral programs, professional organizations, and certification. <u>Training and Education in Professional Psychology.</u></p>	<p>This article describes training of predoctoral geropsychology graduate students and others interested in geropsychology in the United States. This article also reviews different training models with a focus on Pikes Peak training model.</p>	<p>doi: 10.1037/a0033749</p>
<p>Hinrichsen, G. A., Zeiss, A., Karel, M. J., & Molinari, V. A. (2010). Competency based geropsychology training in doctoral internships and postdoctoral fellowships. <i>Training and Education in Professional Psychology, 4(2), 91-</i></p>	<p>his article provides recommendations for competency-based geropsychology training that derive from the Pikes Peak Model for Training in Professional Geropsychology.</p>	<p>doi:10.1037/a0018149</p>

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<p>Holtzer, R. Zweig, R. A. & Siegel, L. (2012). Learning from the past and planning for the future: The challenges of and solutions for integrating aging into doctoral psychology training. <i>Training and Education in Professional Psychology</i>, 6(3), 142-150.</p>	<p>This article provide an overview of geropsychology training models and discuss the challenges and solutions for incorporating aging into the curriculum of predoctoral training in clinical psychology</p>	<p>doi:10.1037/a0029365</p>
BOOKS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>Dawson, P., Wells, D.L., & Kline, K. (1993) Enhancing the abilities of persons with Alzheimer’s and related dementias. New York: Springer.</p>	<p>Written for nurses and other health care professionals, this book focuses on helping older patients with Alzheimer's or other dementias to maintain self-care, social, interactional, and interpretive abilities as long as possible.</p>	<p>http://www.amazon.com/Enhancing-Abilities-Persons-Alzheimers-Dementias/dp/0826177905/ref=sr_1_1?ie=UTF8&s=books&qid=1296251181&sr=1-1</p>
<p>Gruetzner, H. (2001) Alzheimer’s: A caregiver’s guide and sourcebook. New York: John Wiley.</p>	<p>The book, geared for informal caregivers, covers symptoms and traits of AD; what to expect at each progressive stage; how to respond to behavior problems the full range of treatments and support services available (including tips on how to</p>	<p>http://www.amazon.com/Alzheimers-Caregivers-Guide-Sourcebook-3rd/dp/0471379670/ref=sr_1_1?ie=UTF8&s=books&qid=1247328117&sr=1-1</p>

	locate and finance them); and information on managing caregiver stress.	
<u>Consultation/Training, cont'd.</u>		
BOOKS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
Hamberger, L.K. (1999). Making collaborative connections with medical providers: A guide for mental Health professionals. New York: Springer.	This book provides detailed, concrete, and practical information on successful collaborations between physicians and mental health service providers: How to present their credentials to medical providers; negotiate through the referral process; follow through after a referral; and report back to physicians on cases.	http://www.amazon.com/Making-Collaborative-Connections-Medical-Providers/dp/0826112587/ref=sr_1_8?ie=UTF8&s=books&qid=1247328644&sr=1-8
Lazer, D. (2000). Adding value to long term care: An administrator's guide to improving staff performance, patient experience, and financial health. San Francisco: Jossey-Bass.	Written for health care administrators, medical directors, nursing executives, architects, and facility planners, this book provides the tools needed to improve the clinical environment for residents, staff, and families; strengthen overall business operations; and secure a facility's financial future.	http://www.amazon.com/Adding-Value-Long-Term-Dianne-Lazer/dp/0787951706/ref=sr_1_1?ie=UTF8&s=books&qid=1247329336&sr=1-1

<u>Delivery of Services in Different Settings</u>		
ARTICLES		

TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>Hinrichsen, G.A. (2010). Public policy and the provision of psychological services to older adults. <i>Professional Psychology: Research and Practice</i>, 41, 97-103.</p>	<p>This article describes the Medicare system, the increasing need for healthcare providers given increasing aging populations, discusses alternate models of improved mental health care systems for older adults, and provides practical tips to empower psychologists to effect change in mental health and aging public policy.</p>	<p>doi:10.1037/a0018643</p>
<p>Delivery of Services in Different Setting, cont'd.</p>		
<p>ARTICLES</p>		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
<p>Pachana, N.A., Helmes, E., Byrne, G.J.A., Edelstein, B.A., Konnert, C.A., & Pot, A.M. (2010). Screening for mental disorders in residential aged care facilities. <i>International Psychogeriatrics</i>, 22 (7), 1107-1120.</p>	<p>This article presents a review and discussion of the use of brief screening instruments in residential aged care facilities.</p>	<p>doi:10.1017/S1041610210000128</p>
<p>Yang, J., Garis, J., Jackson, C. & McClure, R. (2009). Providing psychotherapy to older adults in-home: Benefits, challenges and decision-making</p>	<p>This article provides an overview of some of the issues raised in providing mental health services to older adults in their homes along with suggestions for practice.</p>	<p>doi:10.1080/07317110902896356</p>

guidelines. <i>Clinical Gerontologist.</i>		
American Psychological Association. (2013). <i>Psychological Services for Long-term care Resource Guide.</i>		http://www.apa.org/pi/aging/resources/guides/long-term-care.pdf
Zeiss, A. M., & Karlin, B.E. (2008). <i>Integrating mental health and primary care services in the Department of Veterans Affairs health care system. Journal of Clinical Psychology in Medical Settings, 15(1), 73-78.</i>	This article discusses the integration of mental health and primary care services in the VA healthcare system.	doi: 10.1007/s10880-008-9100-4
BOOKS		
TITLE	DESCRIPTION	
Bischoff, R.J., et al. (2002) <i>Mental health professionals in medical settings.</i> New York: Norton.	A guide for mental health practitioners and students working in medical settings. Focusing on the integration of primary care and mental health care, the authors show how trained mental health professionals can take a significant role in the constructive evolution of health care.	http://www.amazon.com/Mental-Health-Professionals-Medical-Settings/dp/039370338X/ref=sr_1_1?ie=UTF8&s=books&qid=1247328924&sr=1-1
Casciani, J.M. (2010). <i>Handbook of health and behavior:</i>	A portable reference guide for health care professionals who want to understand the	http://www.amazon.com/Handbook-Health-Behavior-Psychological-Strategies/dp/0557677

<p>Psychological treatment strategies for the nursing home patient. San Diego: Concept Healthcare</p>	<p>recommended cognitive-behavioral approaches for comorbid psychological issues impacting medical conditions in nursing facilities, including diabetes, respiratory disease, obesity and chronic pain, and diagnoses requiring rehabilitation, such as stroke and fractures.</p>	<p>920/ref=sr_1_4?s=books&ie=UTF8&qid=1300457788&sr=1-4</p>
<p><u>Delivery of Services in Different Setting, cont'd.</u></p>		
<p>BOOKS</p>		
<p>TITLE</p>	<p>DESCRIPTION</p>	
<p>Hyer, L. & Intrieri, R. C. (2006). Geropsychological interventions in long term care. New York: Springer Publishing.</p>	<p>Using Baltes' selection, optimization, and compensation model to conceptualize treatment in long term care settings, this volume includes chapters on the context and trends of long term care practice, integration of medical and psychological care, identity issues of nursing home residents, interventions, and training.</p>	<p>http://www.amazon.com/Geropsychological-Interventions-Long-Term-Care-Hyer/dp/0826138454/ref=sr_1_1?ie=UTF8&s=books&qid=1244735210&sr=1-1</p>
<p>Stuart, M.R. & Lieberman, J.A. (2002). The fifteen minute hour: Practical therapeutic intervention in primary care. Philadelphia: Saunders.</p>	<p>Although written for physicians, this is a practical manual for incorporating psycho-behavioral interventions into the brief office visit. This book combines the best in medicine and psychology to help practitioners treat the emotional components of ordinary medical disorders.</p>	<p>http://www.amazon.com/Fifteen-Minute-Hour-Therapeutic-Intervention/dp/0721695930/ref=sr_1_2?ie=UTF8&s=books&qid=1247329753&sr=1-2</p>

<u>Miscellaneous</u>		
PROFESSIONAL ASSOCIATIONS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
American Society on Aging	ASA aims to “support the commitment and enhance the knowledge and skills of those who seek to improve the quality of life of older adults and their families.” Involves multiple disciplines (e.g., administrators; practitioners; students). Publishes newsletters, hosts an annual conference, and provides resources on multiple topics (e.g., substance use, LGBTQ aging, online trainings, and career development.)	http://www.asaging.org/index.cfm
<u>Miscellaneous, cont'd</u>		
PROFESSIONAL ASSOCIATIONS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
APA Division 12, Section II: Clinical Geropsychology	Focuses on “research, training and the provision of psychological services for older adults”. Also provides information on training resources, practice guidelines (e.g., Medicare), links to partnering organizations, and information about upcoming conferences. Publishes a	http://www.geropsychology.org/

	newsletter and promotes student involvement.	
APA Division 20: Adult Development and Aging	Geared toward psychologists who “provide services to older adults, conduct research on adult development and aging, or are interested in learning more about or teaching life span development and aging.” Provides information for students, educators, and clinicians; publishes <i>Psychology and Aging</i> .	http://apadiv20.phhp.ufl.edu/
Council of Professional Geropsychology Training Programs (CoPGTP)	CoPGTP aims to “promote state-of-the-art education and training in geropsychology among its members, to provide a forum for sharing resources and advancements in and among training programs, and to support activities that prepare psychologists for competent and ethical geropsychology practice.” This website provides resources for persons at all levels of training ranging from graduate school to continuing education in geropsychology. CoPGTP also provides information for programs interested in developing training in geropsychology.	www.copgtp.org
Gerontological Society of America	Promotes multi- and interdisciplinary research on	www.geron.org

(GSA)	aging in biomedical and behavioral/social sciences. Uses research to inform public policy and advocate for continued training in aging/gerontology. Sponsors an annual conference, publishes newsletters and journals (e.g., <i>The Gerontologist</i>), and actively supports students and early career professionals.	
Miscellaneous, cont'd		
PROFESSIONAL ASSOCIATIONS		
TITLE	DESCRIPTION	LINK (IF APPLICABLE)
International Neuropsychological Society (INS)	This organization promotes “the international and interdisciplinary study of brain-behavioral relationships throughout the lifespan.” INS maintains an emphasis on science, education, and applications of scientific knowledge.	http://www.the-ins.org/
Psychologists in Long Term Care (PLTC)	PLTC consists of a “network of psychologists and other professionals dedicated to providing high quality mental health services in long-term care settings, including skilled nursing homes, rehabilitation centers, assisted living facilities, and congregate housing.” This organization provides resources for students and professionals, promotes	http://www.pltcweb.org/index.php

	research, and provides information on public policy including Medicare and Medicaid. PLTC publishes The Clinical Gerontologist.	
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