



Council of Professional Geropsychology Training Programs

GEROPSYCHOLOGY INTERNSHIP AND POSTDOC TRAINING SYLLABI (September 2013)

The following contains geropsychology training relevant course syllabi and course descriptions for internship and postdoctoral training that were submitted by CoPGTP members. It will be updated periodically.

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HERITAGE CLINIC
a division of
THE CENTER FOR AGING RESOURCES
Gero-Psychology Seminar Schedule
2012- 2013
10:00am-11:00am

9/5/12	Electronic Health Record procedures / Scheduler
9:00am-12	Phil Hammel, Psy.D. / Becky Scoon
9/12/12	Psychotherapy with Seniors Janet Anderson Yang, Ph.D.
9/19/12	Seminar cancelled due to Interpersonal Psychotherapy Training
9/26/12	In-Home Therapy Boundary Issues Robin Kietzman, Ph.D.
10/3/12	Clinical Documentation Stella Tam, Psy.D.
10/10/12	Safety Issues Robin Kietzman, Ph.D
10/17/12	Privacy Training Janet Yang
10/24/12	Milestones Of Recovery (MORS) training (10:00am-12:00noon)
10/31/12	Community Resources Grace Kim, Ph.D.
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11/7/12	Elder Abuse: Recognition & Reporting Lydia Mariam, Ph.D.
11/14/12	Outreach & Engagement Janet Yang, PhD

11/21/12	Dementias & Delirium Janet Yang, Ph.D.
11/28/12	Public Health Presentation Christine Barron, R.N.
12/5/12	Recovery Model Janet Yang
12/7/12	Psychopharmacologic Treatment of Psychiatric Disorders in Late Life Dr. Lilian Badovsky
12/12/12	Loss & Grief Janet Yang
12/19/12	On Call Procedures Stella Tam, Psy.D.
12/26/12	no meeting
1/2/13	Grief Therapy Janet Yang, Ph.D
1/9/13	no meeting
1/16/13	Therapy Psychotic Disorders in Later Life Janet Yang, Ph.D.
1/23/13	Therapy Psychotic Disorders in Later Life: Case Presentations Janet Yang, Ph.D.
1/30/13	Working with Asian-American clients – video Stella Tam
2/6/13	Working with Asian-American clients – discussion Stella Tam
2/13/13	Therapy with the Cognitively Impaired - video Janet Yang, Ph.D.
2/20/13	Therapy with the Cognitively Impaired– discussion Janet Yang, Ph.D
2/27/13	Life Review and Reminiscence Therapy

Janet Yang

- 3/6/13 Life Review and Reminiscence Therapy (continued)
Janet Yang
- 3/13/13 Working with African-American Clients
Janet Yang, Ph.D.
- 3/20/13 Working with African-American Older Adults
Discussion, J. Yang
- 3/27/13 Spirituality Among Older Adults
Robin Kietzman, Ph.D.
- 4/3/13 Spirituality case discussions
Robin Kietzman
- 4/10/13 Working with Latino Seniors
- 4/17/13 Working with Latino Seniors: Case Discussions
- 4/24/13 Death & Dying
Janet Yang, PhD
- 5/1/13 Death and Dying; Case discussions
Robin Kietzman, Ph.D
- 5/8/13 Meaning in Aging
Janet Yang, PhD
- 5/17/13 Trauma and Therapy with Older Adults
Janet Yang, Ph.D.
- 5/22/13 Termination Issues
Janet Yang, PhD
- 5/29/13 Termination: Case Discussions
Janet Yang, PhD
- 6/5/13 Therapy Boundary Issues; Robin Kietzman
Video & discussion
- 6/12/13 LGBT video & discussion; Janet Yang
- 6/19/12 Gifts and other boundary issues

6/26/12 Sex & Aging; Joan Ellison

7/03/13 Conducting Supervision
Janet Yang, Ph.D.

7/10/13 Conducting Supervision (cont.)
Janet Yang, Ph.D.

7/17/13 Healthy Aging; Grace Kim

7/31/13 Termination paperwork
J. Yang

8/21/13 Going Away Luncheon

VA BOSTON HEALTHCARE SYSTEM

NOTE For CoPGTP website: This seminar was developed initially as a Geropsychology seminar for our interns, fellows, and supervising faculty. It has expanded to become an interdisciplinary geriatric mental health seminar. The syllabus changes a bit each year, depending upon the group's needs and interests. Here are the topics we covered in 2012-2013. We typically cover core topics in the first half of year, and then have all participants present topics of interest the rest of the year. We encourage speakers to distribute relevant readings. We try to bring in a few (pro bono) outside speakers each year, e.g., from local agencies, as well as speakers from within our institution (e.g., physicians who can address medical issues)

NOTE: We also make available a list of recommended readings for our Fellows and Interns at the beginning of each training year, and have pdf files of those readings on a shared network drive.

Please contact Beth Mulligan for additional information Beth.Mulligan@va.gov

Geriatric Mental Health Seminar: 2012-2013

Tuesdays, 3:00-4:00

Seminar Coordinators:

Kate Hinrichs, PhD & Beth Mulligan, PhD

Objective:

The Geriatric Mental Health seminar aims to introduce and/or reinforce areas of knowledge critical to mental health practice with older adults. Knowledge areas are consistent with the Pikes Peak Competencies for Practice in Professional Geropsychology, as well as guidelines for geriatric psychiatry and social work practice.

Plan: The Geriatric Mental Health Seminar is a weekly meeting for a group of primarily psychologists, social workers, psychiatric providers, and trainees in these

disciplines who are specializing in working with older adults. Seminar will cover a range of topics, including core information related to geriatric mental health as well as topics of interest selected by faculty and students. All students are expected to facilitate multiple seminars, and we welcome varied presentation styles. For example, past seminars have included case presentations, discussions of articles, and more traditional didactic lectures (i.e., PowerPoint slides). You should feel free to present on any topic of interest to you that relates broadly to psychological adaptation, assessment, or intervention with older adults, their families, or care systems. You may also want to consider distributing 1-2 recently published articles to the group (review articles are particularly helpful). Some sample topics from last year are enclosed as a starting point, but please free to run additional ideas by seminar leaders/supervisors. We may also choose to spend time in seminar discussing books, videos, poetry, or other expressions/communications related to aging. *Each seminar participant should come prepared with at least one question/comment about the topic/article.*

September 11	Introduction, needs assessment, expectations	Kate Hinrichs, PhD Beth Mulligan, PhD
September 18	Suicide Prevention/Safety Planning	Stacey Edwards, MSW
September 25	Social Services for Older Veterans	Gayle Clark, MSW
October 2	Professional Geropsychology: Past, Present, and Future	Michele Karel, PhD
October 9	Interdisciplinary Care Teams	Maggie Murphy, PsyD Kate Hinrichs, PhD
October 16	Capacity	Jennifer Moye, PhD
October 23	Ethics	Beth Mulligan, PhD
October 30	Psychopharmacology and Aging: Part 1	Susan Rouse, CNS
November 6	PTSD and Aging: A Case Example	Beth Mulligan, PhD
November	Feeding Issues and Nutrition Support in Older	Tyler Clark, RD

13	Adults	Michelle Becker, RD
November 20	Psychopharmacology and Aging: Part 2	Susan Rouse, CNS
November 27	TBI and Anoxic Brain Injury: Implications for Providers in Long Term Medical Settings	Charlie Patten Maggie Budd, PhD
December 4	Evidence-Based Interventions for SMI	David Topor, PhD
December 11	Geriatric Medicine	Mangadhara Madineedi, MD
January 8	Behavioral Contracting	Kate Hinrichs, PhD
January 15	Sleep Lab Visit	Ann Marie Hibbert, RPSGT
January 22	Psychogenic Movement Disorder Case Presentation.... Stuck in Psychotherapy	Gayle Clark, MSW
January 29	Delirium	Jim Rudolph, MD Liz Archambault, MSW
February 5	Work-Life Balance Panel Discussion	Olga Quinlan, MSW Julie Klunk-Gillis, PhD Chris AhnAllen, PhD Facilitator: Jennifer Moye, PhD
February 12	Psychopharmacology and Aging: Part 3	Susan Rouse, CNS
February 19	Applying Psychology Skills Outside of the Clinical or Research Role	Ben Presskreischer, PsyD
February 26	The Many Hats of Geriatric Mental Health: A Case Example	Alexandra Zaleta, MA Andrea June, PhD
March 5	Grief and Bereavement	Jodi Coochise, MS
March 12	Treating Grief: Evidence-Based Interventions and a Case Example	Rebecca Norris-Bell, PhD Beth Mulligan, PhD
March 19	Coping with Loss as Providers	Rebecca Norris-Bell, PhD Beth Mulligan, PhD

March 26	Participation in Geriatric MH at the National Level	Jennifer Moye, PhD
April 2	Tobacco Use and Cessation in Older Adults	Chris AhnAllen, PhD
April 9	Illness Representations of Alzheimer's disease: Predictors of Consequences and Screening Attitudes in Older Adults	Alexandra Zaleta, MA
April 16	Multicultural Series: Part 1	Rebecca Norris-Bell, PhD Lauren Fisher, PhD Andrea June, PhD
April 23	Multicultural Series: Part 2	Rebecca Norris-Bell, PhD Lauren Fisher, PhD Andrea June, PhD
April 30	Multicultural Series: Part 3	Rebecca Norris-Bell, PhD Lauren Fisher, PhD Andrea June, PhD
May 7	A Model for Integrated, Interdisciplinary Mental Health Care In Home Based Primary Care	Michele Karel, PhD
May 14	Yoga for Older Veterans after Cancer	Jennifer Moye, PhD Kelly Doherty, BA Jeffrey Gosian, BS
May 21	A Brief Overview of Differential Diagnosis & Treatment of Cognitive Communicative Disorders of Dementia: Direct Interventions	Allie M. Richards, SLP
May 28	Challenges in the Neuropsychological Assessment of Ethnic Minorities	Scott Fish, PhD
June 4	Hoarding	Jennifer Moye, PhD Lauren Fisher, PhD Marnie McDonald
June 11	Aging Inmates	Andrea June, PhD
June 18	LOSS to LATR: Conceptualization, Assessment, and Clinical Components of Late-Onset Stress	Anica Pless Kaiser, PhD

June 25	Compassionate Care Hospice	Susan Chenard, LSW and the Compassionate Care Hospice Team
July 2	Movie and Discussion: Young@Heart	Beth Mulligan, PhD
July 9	Movie and Discussion: Young@Heart	Beth Mulligan, PhD
July 16	Panel Discussion: Clinically-Focused jobs	Katherine King, PsyD Michelle Mlinac, PsyD Beth Mulligan, PhD
July 23	Evaluating Homicidal Ideation	John Bradley, MD
July 30	CBT for Insomnia	Beth Mulligan, PhD
August 6	LGBT Elders	Lauren Fisher, PhD Kate Hinrichs, PhD
August 13	TBD	Matt Rouse, MSW, MA
August 20	Wrap UP	

Geropsychology Seminar: 2012-2013

Possible topics for presentations

Here is a list of topics that have been presented over the past few years, to give you some ideas. As mentioned above, please feel free to run any ideas by seminar leaders/supervisors.

- Ageism
- Sexuality in the elderly
- Sensitivity to cultural diversity in aging
- Behavioral management consultation in nursing homes
- Quality of life in long term care
- Depression, suicide, and rational suicide
- The oldest-old (centennarians)
- Psychotherapy groups in long-term care settings
- Guardianship and competency
- Family caregiving for dementia patients: Ethnic differences
- Breaking bad news to patients and families
- Neuropsychology of Alzheimer's disease
- Expressive therapies
- Interpersonal psychotherapy for depression
- Alcohol abuse in older adults
- Anxiety disorders in late life
- Assessing and treating delirium
- Motivation Interviewing
- Spinal Cord Injury
- Failure to Thrive
- Psychopathy
- Body image in late life
- Spirituality in late life
- Gay, lesbian, and bisexual aging
- Cultural values and advance care planning
- Personality disorders in long-term care settings
- Narrative therapy approaches
- Sexual offenders in late life
- Cross-cultural patterns of grieving
- Suicide in late life
- Elder abuse and neglect
- Mental health service delivery to older adults in the private sector
- Couple's and family therapy in late life

- Lewy Body dementia
- Normal pressure hydrocephalus
- Reminiscence
- Sleep disorders in late life
- Gambling in older adults
- Exercise in late life-Bereavement

VA NEW YORK HARBOR HEALTHCARE SYSTEM, BROOKLYN CAMPUS

2009-10 Geropsychology Fellowship Mental Health Seminar Schedule (pg.1) Tuesdays 2:30 – 3:30pm

- 9/29 Donna Rasin-Waters & Valerie Abel: Normal Adult Devt and
*assign book to read for 11/3's Book Selection Discussion
- 10/6 Donna Rasin-Waters: End of Life article
- 10/1 Overview: Geriatric Social Work / Palliative Care / Geriatric
- 10/2 Overview: Geriatric Social Work / Palliative Care / Geriatric
- 10/2 Case Conference: Geriatric Neuropsychology
- 11/3 Book Selection Discussion (*assign next book)
- 11/1 Blueprint
- 11/1 Gladys Ng: Basic Screens Part 1
- 11/2 Case Conference: Geriatric Mental & Behavioral Health
- 12/1 Neuropsychology Issues: Normal Aging vs. MCI
- 12/8 Valerie Abel: End of Life Issues: Death & Dying Part I
- 12/1 Valerie Abel: End of Life Issues: Death & Dying Part II
- 12/2 Case Conference - Geriatric Neuropsychology
- 12/2 Kevin Wright / HIV
- 1/5 Gladys Ng: Basic Screens Part 2 & 3
- 1/12 Gladys Ng: Basic Screens Part 4
- 1/19 Jerry Carroll: Substance Abuse in Older Adults (3:30-4:30)
- 1/26 Shane Bush – Ethics Seminar (2:30 – 3:30)
Case Conference: Neuropsychology/Mental & Behavioral presenter -
- 2/2 Dr. Shell: Intro to Neurology Service
- 2/9 Supervision of Supervision Seminar
- 2/16 Gladys Ng: Basic Screens Part 5

2/23 Shane Bush – Ethics Seminar (2:30-3:30)

Case Conference: Neuropsychology/Mental and Behavioral Health (3:30-4:30) presenter-Shane

**2009-10 Geropsychology
Fellowship Mental Health
Seminar Schedule (pg.2)
Tuesdays 2:30 – 3:30pm**

3/2 Supervision of Supervision Seminar

3/9 Cory Chen: REACH Program (Caregivers) (2:30 – 4:30)

3/16 Donna Rasin-Waters: Capacity Evaluations

3/23 Shane Bush – Ethics Seminar (2:30-3:30)

Case Conference: Neuropsychology/Mental & Behavioral Health (3:30-4:30)
presenter-Michelle

3/30 Gladys Ng - Multicultural Seminar

4/6 Donna Rasin-Waters : EBT Relationships,
EBT Dep/Anx in Older Adults –Tape (*2:30pm to 4:30pm)

4/13 Yvette Branson – Operation S.A.V.E.

4/20 Supervision of Supervision Seminar

4/27 Shane Bush – Ethics Seminar (2:30 – 3:30)

Case Conference – Neuropsychology/Mental and Behavioral Health (3:30-4:30) presenter-Gladys

5/4 Qualls Tape (Treating AD)/ Discussion with Staff

5/11 Lichtenberg Tape (Depression with Older Adults) / Discussion with Staff

5/18 Joey Vitanza: Geriatric Psychopharmacology

5/25 Shane Bush – Ethics Seminar (2:30-3:30)

Case Conference – Neuropsychology/Mental & Behavioral Health (3:30-4:30)
presenter-Donna

6/1 Cory Chen Part II

6/8 Policy Issues in Geropsychology

6/15 Supervision of Supervision Seminar

6/22 Shane Bush – Ethics Seminar (2:30-3:30)

Case Conference – Neuropsych/Mental and Behavioral Health (3:30-4:30)
presenter-Val

6/29 Gladys Ng: Multicultural Seminar

- 7/6 Hartman-Stein Tape (Older Adults)/ Discussion with Staff
- 7/13 Supervision of Supervision Seminar
- 7/20 Gladys Ng: Multicultural Seminar
- 7/27 Shane Bush – Ethics Seminar (2:30-3:30)
Case Conference – Neuropsych/Mental and Behavioral Health (3:30-4:30)
presenter-Shane
- 8/3 Gladys Ng: Multicultural Seminar
- 8/10 Stepanski Tape (Sleep and Sleep Disorders) / Discussion with Staff
- 8/17 McCarthy Tape (Sex Therapy for Middle Age and Older Adults) / Discussion
with Staff
- 8/24 Hayes Tape (ACT) / Discussion with Staff
- 8/31 No Seminar

VA SAN FRANCISCO

CLINICAL GEROPSYCHOLOGY SEMINAR SERIES

Academic Year July 2012- June 2013

Every Thursday 1-2

Bldg 8, Room 107

Didactic Key: (C) Clinical Focus
 (A) Assessment Focus
 (PD) Professional Development Focus
 (E) Ethics

Readings: **Required**
 Optional/Supplementary

Tentative Schedule:

July 12: Week 1 Didactic (C) : Working with Older Adults
 Presenter: Ashley Stripling, PhD.
 Readings (Y Drive/Yellow Folder):

American Psychological Association (2004). Guidelines for Psychological Practice with Older Adults. *American Psychologist*, 59, 236-260.

American Psychological Association (2010). What Practitioners Should Know About Working With Older Adults. Retrieved June 27, 2012 from <http://www.apa.org/pi/aging/resources/guides/practitioners.pdf>

Robb, C., Hongbin, C., & Haley, W. E. (2002). Ageism in mental health and health care: A critical review. *Journal of Clinical Geropsychology*, 8(1), 1-12.

July 19: Week 2 Didactic: (A) Geriatric Neuropsychology
 Presenter: Jeremy Doughan, PsyD.
 Readings (Y Drive/Neuropsych Binder):

American Psychological Association (2012). Guidelines for the Evaluation of Dementia and Age- related change *American Psychologist*, 67, 1-9.

Morris RG, Worsley, C. & Matthews, D. (2000) Neuropsychological Assessment in older people: Old principles and new directions. *Advances in Psychiatry*, 6, 363-372.

July 26: Week 3 Didactic: (E/C) Suicide
 Presenter: Elizabeth Sutherland, PsyD.; Ashley Stripling, PhD
 Readings (Y Drive):

Bartels, S.J. (1987). The Aftermath of Suicide on the Psychiatric Inpatient Unit. *General Hospital Psychiatry*, 9, 189-197. Retrieved on 7/6/12 from

[http://dx.doi.org/10.1016/0163-8343\(87\)90007-7](http://dx.doi.org/10.1016/0163-8343(87)90007-7).

Richard Thompson, Vincent R. Kane, Steven L. Sayers, Gregory K. Brown, James C. Coyne, Ira R. Katz (2002). An Assessment of Suicide in an Urban VA Medical Center. *Psychiatry: Interpersonal and Biological Processes: Vol. 65, No. 4, pp. 326-337. doi: 10.1521/psyc.65.4.326.20234*

Sherman, F.t. (2002). Surviving suicide: How the deaths of two patients changed my approach to late-life depression. *Geriatrics, 57 (2), 3-4.*

August 2: Week 4 Didactic: (PD) Beyond Clinical: Research/Teaching
 Presenter: Ashley Stripling, PhD; Kristen Jacobson,
 Readings (Y Drive):

Hinrichsen, G.A., & McMeniman. M. (2002). The Impact of Geropsychology Training. *Professional Psychology: Research and Practice, 33, 337-340.*

Marek, P., Christopher, A.N. & Koenig, C.S. (2001). Guidelines for preparing posters using PowerPoint presentation software. Retrieved July 3, 2012 from <http://teachpsych.org/otrp/resources/marek01.pdf>.

Smith, G.C. (2000). Introduction to Gerontology & A collaborative Interdisciplinary Assignment. *Adult Development and Aging News*. Retrieved July 3, 2012 from <http://apadiv20.pphhp.ufl.edu/Teachtips/Spring%202000%20Introduction%20and%20Interdisciplinary.pdf>

Usita, P. (2000). Teaching About Aging and Diversity Through Vignettes And research Examples. *Adult Development and Aging News*. Retrieved July 3, 2012 from <http://apadiv20.pphhp.ufl.edu/Teachtips/Summer%202000%20Teaching%20about%20Aging.pdf>

August 9: Week 5 **Didactic: (C) Multiculturalism in Older Adults**
 Presenter: Jeremy Doughan, PsyD.
 Readings (Y Drive/Yellow Folder):

American Psychological Association (2010). Multicultural competency in Geropsychology. Retrieved July 3, 2012 from <http://www.apa.org/pi/aging/programs/pipeline/multicultural-competency.pdf>

American Psychological Association (2012). Guidelines for Psychological Practice with Lesbian, Gay, and Bisexual Clients. *American Psychologist, 67, 10-42.*

Navigating the System: A know-you-rights guide for Lesbian, Gay, Bisexual, and Transgender Elders in California.

August 16: Week 6 **Didactic: (C/PD) Navigating Teams**
 Presenter: Elizabeth Sutherland, PsyD.
 Readings (Y Drive/Yellow Binder):

American Psychological Association (2010). Guidelines for Psychological Practice in Health Care Delivery Systems Retrieved June 20, 2012 from <http://www.apa.org/about/policy/hospital-privileges.pdf>

August 23: Week 7 Didactic: (A) Capacity Assessment

Presenter: Jeremy Doughan, PsyD.
Readings (Y Drive/Neuropsych Binder):

Jennifer Moyer & Daniel C. Marson, *Assessment of Decision-Making Capacity in Older Adults: An Emerging Area of Practice and Research*, Journal of Gerontology, January, 62B:1, 3, (2007).

J. Moyer, *Assessment of Competence and Decision Making Capacity*. In Lichtenberg, P.A. (Ed.) *Handbook of Assessment in Clinical Gerontology*. New York: John Wiley and Sons, Inc. (1999).

American Bar Association and the American Psychological Association (2008). *Assessment of Older Adults with Diminished Capacity: A Handbook for Psychologists*. Retrieved July 3, 2012 from <http://www.apa.org/pi/aging/programs/assessment/capacity-psychologist-handbook.pdf>

August 30: Week 8 **Didactic: (E) Elder Abuse Issues**
Presenter: TBD
Readings (Y Drive):

American Psychological Association. Elder Abuse and Neglect: In Search of Solutions. Retrieved July 3, 2012 from <http://www.apa.org/pi/aging/resources/guides/elder-abuse.aspx>

National Institute on Aging (2011). AgePage: Elder Abuse. Retrieved July 20, 2012 from http://www.nia.nih.gov/sites/default/files/elder_abuse.pdf

September 6: Week 9 Psychotherapy Case Conference:
Presenter: Jeremy Doughan, PsyD.
Reading: TBD and placed on Y Drive

September 13: Week 10 Professional Development: Professional Organizations
Presenter: TBD
Readings (Y Drive):

Council of Professional Geropsychology Training Programs. (2011). Recommended Resources Associated with The Pikes Peak Model Competencies. (Professional Associations) . Retrieved on 7/10/12 from http://copgtp.org/uploads/documents/CoPGTP_Resources.pdf

September 20: Week 11 Neuropsychology Case Conference:
Presenter: Daniel Ferster-extern
Reading: TBD and placed on Y Drive

September 27: Week 12 Didactic: Geriatric Sexuality
Presenter: Jeremy Doughan
Readings (Y Drive):

Hamilton, Ontario: Continuing Gerontological Education Cooperative Office, McMaster University. (2002). Intimacy, Sexuality, and Sexual behavior in Dementia. How to Develop Practice Guidelines and Policy for Long Term Care Facilities. Retrieved on 7/10/12 from <http://www.fhs.mcmaster.ca/mcah/cgec/toolkit.pdf>.

October 4: Week 13 Psychotherapy Case Conference:
Presenter: Liz Nazarian-extern

Reading: TBD and placed on Y Drive

October 11: Week 14 Professional Development: Internship Application/Essay Review
 Presenter: Diana Partovi, Psy.D
 Expectation: Have your materials to review by October 4th.
 Readings (Y Drive): Submitted Examples

October 18: Week 15 Neuropsychology Case Conference:
Presenter: Daniel Ferster-extern
Reading: TBD and placed on Y Drive by at least 2 weeks prior

October 25: Week 16 Didactic: (C) Geropsychology Groups
 Presenter: Elizabeth Sutherland, PsyD.
 Readings (Y Drive):

Agronin, M. (2009). Group Therapy in Older Adults. *Current Psychiatry Reports*, 11 (1), 27-32.

Beutler, L.E., Scogin, F., Kirkish, P., Schretlen, D., Corbishley, A., Hamblim, D., et al. (1987). Group Cognitive Therapy and Alprazolam in the Treatment of Depression in Older Adults. *Journal of Counseling and Clinical Psychology*, 55 (4), 550-556.

Schwartz, K. (2007). Remembering the Forgotten: Psychotherapy Groups for the Nursing Home Resident. *International Journal of group Psychotherapy*, 57 (4) 497-514.

Burnside, I., and Schmit (1994). Working with Older Adults: Group Process and Techniques. Jones & Bartlett Publishers; 3rd edition.

Rejeki, W.T., Brawley, L.R., Ambrosius, W.T., Brubaker, P.H. Focht, B.C., et al. (2003). Older Adults with Chronic Disease: Benefits of Group-Mediated Counseling in the Promotion of Physical Active Lifestyles. *Health Psychology*, 22 (4). 414-423.

November 1: Week 17 Psychotherapy Case Conference:
Presenter: Kelly Stapenhorst
Reading: TBD and placed on Y Drive by at least 2 weeks prior

November 8: Week 18 Professional Development: Providing difficult feedback
 Presenter: TBD
 Readings (Y Drive):

Farr, J.L. (1993). Informal Performance Feedback: Seeking and Giving. From Schuler, Heinz (Ed); Farr, James L. (Ed); Smith, Mike (Ed), (1993). Personnel selection and assessment: Individual and organizational perspectives. Series in applied psychology., (pp. 163-180). Hillsdale, NJ, England: Lawrence Erlbaum Associates, Inc, xiv, 375 pp

Hanson, P.G. (1975). Giving feedback: An interpersonal skill. From The 1975 annual handbook for group facilitators. Retrieved on 7/20/12 from <https://secure.monroec.edu/depts/humserv/HUM106/GivingFeedback.pdf>

**November 15: Week 19 ~~Neuropsychology Case Conference:~~
CANCELLED DUE TO GSA**

November 22: *Thanksgiving (No seminar)*

November 29: Week 20 Didactic (PD) : Geropsychology Training: Pikes Peak Model
Presenter: Jeremy Doughan, PsyD.
Readings (Y Drive/ Yellow Folder):

Knight, B.G., Karel, M.J., Hinrichsen, G. A., Qualls, S.H., & Duffy, M. (2009). Pikes Peak Model for Training in Professional Geropsychology. *American Psychologist, 64*, 205-214.

Karel MJ, Gatz M, Smyer MA. Aging and mental health in the decade ahead: What psychologists need to know. *Am Psychol.* 2012 Apr; 67(3):184-98.

**December 6: Week 21 ~~Psychotherapy Case Conference:~~
~~Presenter: Liz Nazarian-extern~~
~~Reading: TBD and placed on Y Drive~~**

December 13: Week 22 Professional Development: Hospice/Palliative Care (Self-Care)
Presenter: Video Wit (part 1 of 2)
Readings (Y Drive):

Green Cross Academy of Traumatology (2010). Standards of Self Care. Retrieved on 7/10/12 from http://www.greencross.org/index.php?option=com_content&view=article&id=184&Itemid=124 .

Kearney, M.K., Weininger, R.B., Vachon, M.L.S. Harrison, R.L., Mount, B.M. (2009). Self-care of Physicians Caring for Patients at the End of Life “Being Connected . . . A Key to My Survival” *Journal of the American Medical Association, 301* (11), Retrieved of March 31, 2009 from <http://jama.ama-assn.org/cgi/content/full/301/11/1155>

Warm, E. Fast Facts and Concepts #31: Confronting Personal Mortality, January, 2001. End-of-Life Physician Education Resource Center, www.eperc.mcw.edu.

**December 20: Week 23 ~~Neuropsychology Case Conference:~~
~~Presenter: Kelly Stapenhorst~~
~~Reading: TBD and placed on Y Drive~~**

December 27: *Winter Holiday (No seminar)*

January 3: Week 24 Didactic: (C) Hospice/Palliative Care
Presenter: Video Wit (part 2 of 2)
Readings (Y Drive):

Gawande, A. (2010). Letting Go: What should medicine do when it can't save your life? The

New Yorker. Retrieved on 7/20/12 from
http://www.newyorker.com/reporting/2010/08/02/100802fa_fact_gawande?printable=true

Haley, W.E., Larson, D.G., Kasl-Godley, J., Neimeyer, R.A., Kwilosz, (2001). Role for Psychologist in End-of-Life Care: Emerging Models of Practice. *Professional Psychology: Research and Practice*. 34 (6), 626-633.

Hayes, J.A., Yeh, Y.J, and Eisenberg, A. (2007). Good Grief and Not-so-Good Grief: Countertransference in Bereavement Therapy. *Journal of Clinical Psychology*, 63 (4), 345-355.

Nuland, S.B. (1998). *How we dies: Reflections on life-s final chapter*. Vintage Books

January 10: Week 25 Psychotherapy Case Conference:
Presenter: Liz Groff-extern
Reading: TBD and placed on Y Drive

January 17: Week 26 Professional Development: Transference/Countertransference
 Presenter: TBD
 Readings (Extern Folder):

Myers, W.A. (1986). Transference and countertransference issues in treatments involving older patients and younger therapists. *Journal of Geriatric Psychiatry*, Vol 19(2), 221-239.

January 24: Week 27 Neuropsychology Case Conference:
Presenter: Daniel Ferster-extern
Reading: TBD and placed on Y Drive

January 31: Week 28 Didactic: (E) Elder Abuse II-Legal Issues
 Presenter: TBA
 Readings (Y Drive):

American Bar Association (2005). Information about Laws related to Elder Abuse. Retrieved on 7/20/12 from
http://www.ncea.aoa.gov/ncearoot/Main_Site/pdf/publication/InformationAboutLawsRelatedtoElderAbuse.pdf

Stiegel, L. (2000). The Changing Role of the Courts in Elder-Abuse Cases, *Generations*, 24 (2) 59-64. Retrieved on 7/20/12 from
https://www.ncsconline.org/famviol/elderabuse/pdf/Steigel_The%20Changing%20Role%20of%20the%20Courts%20in%20Elder%20Abuse%20Cases.pdf

National Center on Elder Abuse. (2011). *Criminology, Law Enforcement, Elder Abuse, and Senior Victimization: 2003 to 2007*** Retrieved on 7/20/12 from
http://www.ncea.aoa.gov/ncearoot/Main_Site/Library/CANE/CANE_Series/2007CriminologyAnnotatedBib.aspx

February 7: Week 29 Psychotherapy Case Conference:

Presenter: Liz Groff
Reading: TBD and placed on Y Drive

February 14: Week 30 Professional Development: Future outlooks: Jobs, salaries/ areas of future growth for the field (in and out of the VA)
 Presenter: Sutherland & Doughan
 Readings (Y Drive):

Chafetz, P. K., Ochs, C. E., Tate, L. A. and Niederehe, G. (1982). Employment opportunities for geropsychologists. American Psychologist, Vol 37(11), 1221-1227. Retried on 7/20/12 from <http://psycnet.apa.org/psycinfo/1983-24138-001>.

February 21: Week 31 **Neuropsychology Case Conference:**
Presenter: Daniel Ferster
Reading: TBD and placed on Y Drive by at least 2 weeks prior

February 28: Week 32 Didactic:
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

March 7: Week 33 **Psychotherapy Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

March 14: Week 34 Professional Development: Internship Challenges
 Presenter: Current Interns (Invite)
 Readings (Y Drive):

Kaslow, N.J. and Rice, D.G. (1984). Developmental Stresses of Psychology Internship Training: What Training staff can do to help. Professional Psychology: Research and Practice. 16(2). 253-261.

Bieschke, K.J., Bell, D., Davis, C., Hatcher, R., Peterson, R., and Rodolfa, E.R. (2011). Forests, Grazing Areas, Water Supplies, and the Internship Imbalance Problem: Redefining the Paradigm To Implement Effective Change. American Psychological Association. 5(3) 123-125. Retried on 7/20/2012 from <http://psycnet.apa.org/journals/tep/5/3/123/>

Hatcher, R. (2011). The Internship Supply as a Common-Pool Resource: A Pathway to Managing the Imbalance Problem. 5(3) 126-140. Retried on 7/20/2012 from <http://www.apa.org/pubs/journals/features/tep-5-3-126.pdf>

March 21: Week 35 **Neuropsychology Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

- March 28: Week 36** **Didactic:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- April 4: Week 37** **Psychotherapy Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- April 11: Week 38 Professional Development: Termination Issues
 Presenter:
 Readings (Y Drive):
- Ward, D.E. (1984). *Termination of individual counseling: Concepts and strategies*. Journal of Counseling & Development, 63, 21-25.**
- April 18: Week 39** **Neuropsychology Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- April 25: Week 40** **Didactic:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- May 2: Week 41** **Psychotherapy Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- May 9: Week 42 Professional Development: TBD
 Presenter: Current Geropsychology Fellow
 Reading: TBD and placed on Y Drive by at least 2 weeks prior
- May 16: Week 43** **Neuropsychology Case Conference:**
Presenter: TBD
Reading: TBD and placed on Y Drive by at least 2 weeks prior
- Sign up:** _____
- May 23: Week 44** **Didactic:**
Presenter: TBD

Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

May 30: Week 45

Psychotherapy Case Conference:

Presenter: TBD

Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

June 6: Week 46

Professional Development: Future Training: Internships/Fellowships
What's available in Geropsychology

Presenter: TBD

Readings (Y Drive):

Hinrichsen, G.A, Myers, D.S. and Stewart, D. (2000). Doctoral Internship Training Opportunities in Clinical Geropsychology. *Professional Psychology: Research and Practice*. 31 (1). 88-92. Retrieved on 7/10/12 from <http://psycnet.apa.org/journals/pro/31/1/88/>

Karel, M.J., Molinari, V., Gallagher-Thompson, D. and Hillman, S.L. (1999). Postdoctoral Training in Professional Geropsychology: A Survey of Fellowship Graduates. *Professional Psychology: Research and Practice*. 30 (6). 617-622. Retrieved on 7/10/12 from <http://psycnet.apa.org/journals/pro/30/6/617/>

Council of Professional Geropsychology Training Programs. For Graduate Students and Pre-Doctoral Interns Interested in Further Training in Geropsychology. Retrieved on 7/10/12 from <http://copgtp.org/index.php?target=internships>

June 13: Week 47

Neuropsychology Case Conference:

Presenter: TBD

Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

June 20: Week 48

Didactic:

Presenter: TBD

Reading: TBD and placed on Y Drive by at least 2 weeks prior

Sign up: _____

June 27: Week 49

End of the Year Banquet/ Certificates of competition/Feedback

THE ZUCKER HILLSIDE HOSPITAL – NORTH SHORE-LONG ISLAND JEWISH HEALTH SYSTEM

Internship and Fellowship Geropsychology Seminar Lecture Series

Overviews

Cognitive functioning and older adults

Overview of the field of aging and geropsychology

Diagnostic intake and mental status exam

Case discussion

Entitlements and services for older adults (Social Work)

Community resources for older adults (Social Work)

Overview of psychotherapy with older adults

Case discussion

Gerontology

Review of gerontology I

Review of gerontology II

Review of gerontology III

Case discussion

Mental Disorders and Later Life

An overview of depression and bipolar disorder in later life

An overview of anxiety disorders in later life

An overview of psychotic disorders in later life

An overview of personality disorders, substance use disorders in later life

Case discussion

Psychotherapeutic Interventions for Late Life Psychological Problems

Cognitive behavioral therapy for older adults I

Cognitive behavioral therapy for older adults II

Interpersonal psychotherapy

Group as an intervention for older adults

Case discussion

Behavioral interventions in dementia (Social Work)

Somatic Treatments for Late Life Psychiatric Problems

Geriatric psychopharmacology I: Antidepressants & ECT (Psychiatry)

Geriatric psychopharmacology II: Anxiolytics/Hypnotics (Psychiatry)

Geriatric psychopharmacology III: Antipsychotics and mood stabilizers (Psychiatry)

Geriatric psychopharmacology IV: Psychopharmacologic treatments for cognitive loss (Psychiatry)

Case discussion

Special Topics

Death and Dying I (Psychiatry)

Death and Dying II (Psychiatry)

Case discussion

Assessment of capacity in older adults

Professional issues in geropsychology

Professional practice and reimbursement issues in geropsychology

Case discussion

Wrap up

Note: Seminars were weekly for one hour. All seminars were taught by psychology unless otherwise noted. Seminar participants were externs and interns with placements in an aging mental health service setting and geropsychology fellows. Monthly case discussions are held during which students rotate in presentation of current clinical cases. Other concurrent aging-relevant seminars were a weekly gerontology seminar for geriatric psychiatry and geropsychology fellows and a weekly interpersonal psychotherapy for late life depression seminar/group supervision for select psychology externs, interns, and geropsychology fellows. *Submitted by Gregory Hinrichsen, Ph.D. December, 2008 Contact: geropsychgah@aol.com*
